

THE HOSPITAL REVIEW



DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING
AT THE

ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 24

VOL. XXXII.

ROCHESTER, N. Y., JANUARY 16, 1895.

No. 5

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H. Angel, Mrs. E. S. Martin, Mrs. F. P. Allen, Mrs. Allan J. Cuming, Mrs. Henry L. Smith, Mrs. Rudolf Hofheinz.

Physicians of the Hospital.

Medical Staff—William S. Ely, Charles A. Dewey.

Surgical Staff—David Little, John W. Whitbeck, Julius J. Kempe, Charles E. Rider.

Assistants to the Staff—Wheelock Rider, Henry T. Williams, Edward W. Mulligan, Seelye W. Little, Louis A. Weigel.

Out-Patient Department—Fred A. Mandeville, J. Livingston Roseboom, Henry S. Durand, Lewis W. Rose, Alfred W. Henckell, Daniel G. Hastings, Charles D. Young, Thomas Jameson.

Hospital Notes.

There were 25 operations in the pavilion during December.

The Out-Patient Department cared for 147 patients, who made 270 visits to the hospital and received 171 prescriptions and treatment, according to their needs.

Nurses' Cooking Lessons.

It has long been a matter of keen regret with the managers of the hospital that their financial condition would not enable them to present a course in cooking to their nurses that should be equal to any in the country. The equipment for such a course necessitates tables provided with burners and utensils for each pupil, and the services of an instructor who can give her whole time to her subject. Our nurses have always had the advantages of our diet kitchen, serving a month in preparing invalids' food, under the direction of the superintendent of nurses, but it is only this fall that it has been possible to do as they do in all the large cities, send out their nurses

to some cooking school which has the latest equipments in apparatus, and instructors who have their whole time to devote to this branch of study. The Mechanics' Institute, for the first time in its history, has established a class in "Cooking for Invalids," and we have lost no time in availing ourselves of this longed-for opportunity. Thirteen of our nurses are in attendance on Friday evenings, and a very attractive picture they present in their light gowns and white caps and aprons, as they take their places at the table, notebook in hand, for the recipes given them by Miss Pomeroy, a graduate of the Pratt Institute in Brooklyn. After the dictation, the class put into practical use the recipes given. Three members cook one of the articles in the list for the evening lesson, three another, and so on. Each, in this way, has the advantage of testing her own skill, and observing the success of her neighbor in preparing a dish that she will prepare at some future time. The first lesson was on Potato. Free use is made of the Pratt charts, illustrating the food values in different articles, with models and specimens to illustrate each subject. The second lessons was on Cereals. It seems a simple thing to cook oat-meal, wheatina, imperial granum, rice, etc., but one could not listen to the directions for cooking each of these common articles without realizing that there is a right and a wrong way of cooking even rice. The fact that in the pretty decorative snow-drifts of rice we like to eat, and which we are often so careful to have prepared for an invalid, the cook has cheated that invalid out of one of the most nutritious elements when she drained away the water, milky and apparently worthless.

Three of our nurses are paid for by a woman who is interested in encouraging the best in everything. Who of our other friends would like to help on the good work by like generosity?

Christmas.

Our little invalids were not forgotten on Christmas day, but were made happy by the many kind remembrances of generous friends.

The children awoke Christmas morning to find their stockings filled with toys, and the Pavilion bright with holiday trimmings and wreaths.

The thoughtful children who have put aside gifts from their store of toys for our little ones would be pleased to see how the days are brightened and their pains almost forgotten, as they occupy themselves with the playthings, which are so bright and new to them.

"Brick Church" Room.

Through the personal, untiring efforts of our Brick Church friends, their room is now one of the handsomest in the hospital. With its new hardwood floor of oak, walls painted in lemon color with white fresco, white, iron and brass bedstead, white furniture and pretty lace curtains and pictures, the room certainly presents an unusually attractive appearance.

Great credit is due Mrs. C. E. Angle, Mrs. Edward Chapin, Mrs. Louis Chapin and their associates for raising the necessary funds and attending to the work of refurnishing.

Hearty thanks are extended to Mrs. Edward Webster's Sunday school class for a beautiful screen sent to the room. Also, to Mrs. A. M. Lindsay and others for framed pictures.

Monday, November 4th, the room was open for inspection, at which time there were several callers from the Brick Church to see the result of their labors.

This kindly work is on a par and in line with the old established Flower Mission that has served the hospital so long and faithfully.

Training School Report for Dec. '95.

Applications for circulars	18
Number finished two years	2
Black bands given	2
Visits made by district nurse	72

Hospital Report.

Number in hospital December 1	58
" Admitted during December	65
	123
Discharged during December	48
Died	7
Remaining in hospital January 1	68
	123

DIED AT THE ROCHESTER CITY HOSPITAL.

December 1—Antonio Mastrinardo, age 33 years	
" 2—Joseph Poggendorf	75 "
" 4—Elmer Roberts	36 "
" 9—Arthur Knaup	9 weeks
" 15—Mrs. Henry Kirn	39 years
" 26—Mrs. J. S. Shaw	26 "
" 27—Mrs. Alice O'Neil	38 "

Treasurer's Report.

CASH DONATIONS.

Additional Subscriptions.

Bishop McQuaid	\$ 25 00
Mrs. Wareham Whitney	100 00
Additional receipts for 2d Twigs	1 00
Mr. W. F. Carleton	100 00

RECAPITULATION.

Subscriptions	12,205 24
Receipts from tables	920 33
Receipts from booths	861 02
Birthday bags	146 36
Check room	49 85
Admissions	367 68
	14,650 48
Expenses	482 85

DONATIONS ON BILLS.

Rochester Carting Co.	11 00
Morris M. Myers on tables	10 00
Rulon on oysters	1 50
H. Barber, potatoes	60
Annual endowment for the Magee Room	
Mrs. Magee, of Watkins, N. Y.	200 00
MRS. W. H. PERKINS, Treasurer.	
MRS. H. G. DANFORTH, Asst. Treasurer.	

The Following Articles Left at Fitzhugh Hall Dec. 5th and 6th.

May be found at the home of the Treasurer
174 Spring Street.

- 8 large white platters.
- 16 granite pie plates.
- 6 deep tin pans.
- 3 jelly moulds.
- 2 square tins.
- 2 plates.
- 1 square and 1 round dish.
- 3 standard glass bowls.
- 5 low glass dishes.
- 3 plates, decorated.
- 2 saucers.
- 3 lemonade glasses.
- 1 pitcher, 2 tumblers.
- 1 tray, 1 large tray.
- Several napkins.

Laundry Report.

Total number pieces during the month of
December, 1895 23,266

Contributions for December, 1895.

Mrs. H. F. Smith, flowers.
Miss Margaret Wright, flowers.
Frederick Vetter, flowers.
First Graft, 43 surgical towels.
Miss Julia Robinson, clothing.
Mrs. John Van Zandt, children's clothing, books and papers.
Wright & Bidwell, box oranges.
Mrs. J. H. Brewster, box oranges.
Fee Bros., case wine.
Mrs. Myron Adams, flowers.
Sibley, Lindsay & Curr, magazines.
Mrs. W. S. Kimball, wreath and trimmings for Christmas decorations.
Mr. and Mrs. Harry Kimball, toys for Children's Pavilion.
Mrs. Beir, dolls and toys for Christmas for Children's Pavilion.
Mr. Samuel Wilder, dolls and toys for Christmas for Children's Pavilion.
Harry Stebbins, 1 year's subscription to "St. Nicholas Magazine for Children's Pavilion."

These donations were not printed in the *Review* of December 16th, through a mistake :

The Jewish ladies, instead of furnishing a dining table, made the following collections :

By Mrs. Morris Meyer—Mrs. L. Bloch, 1, Mrs. Henry A. Hays, each \$2 : Mrs. H. S. Cohn, Mrs. D. Rosenberg, Mrs. Joseph Rice, Mrs. T. Meyer, Mrs. L. Griesheimer, Mrs. Moses Hays, Mrs. B. Rothschild, Mrs. M. E. Wolff, Mrs. A. Hays, Mrs. F. Hays, Mrs. Nathan Stein, Mrs. Moses Garson, Mrs. J. S. Marks, each \$1 ; total, \$23.

By Mrs. M. A. Stern—Mrs. E. Friedlich, \$3 ; Mrs. H. C. Cohn, \$2 ; Mrs. H. Leiter, \$1.50 ; Mrs. M. Van Bergh, Mrs. F. Van Bergh, Mrs. S. M. Benjamin, each \$1 ; H. Lempert, \$2 ; Mrs. M. A. Stern, Mrs. M. Michaels, each \$3 ; total, \$17.50.

By Mrs. L. W. Moore—Mrs. Sol Rice, Mrs. M. Lipsky, Mrs. S. (a friend), Mrs. Simon Rosenberg, Mrs. S. Guggenheimer, Mrs. Goldberg, Mrs. A. Stettheimer, Mrs. Sol. Solomon, each \$1 ; Mrs. Eva Moore, Mrs. L. W. Moore, each \$2 ; total, \$12.

By Mrs. M. M. Meyers and Mrs. M. Goldsmith—Mrs. Solomon Holtz, Mrs. William Miller, each \$2 ; Mrs. L. Blum, Mrs. M. A. Hayes, Mrs. Chas. Lipman, Mrs. N. Goldwater, Mrs. M. Samuel, Mrs. S. Samuel, Mrs. M. M. Myers, Mrs. H. I. Weinberg, Mrs. H. S. Meyer, Mrs. S. Goldsmith, Mrs. H. S. Marks, Mrs. Charles Goldwater, Mrs. A. M. Blumenstiel, Mrs. I. Rosenbaum, Mrs. M. Goldwater, Mrs. A. Holtz, Mrs. B. Weiss, Mrs. B. Munk, Mrs. S. Altheimer, Mrs. J. Rochenthal, Mrs. F. L. Myers, Mrs. A. Wolff, Mrs. L. Black, Mrs. D. Strauss, Mrs. A. Dinkelspiel, Mrs. L. Eichman, Mrs. I. Hanauer, Mrs. L. Holtz, Mrs. D. Steefel, Mrs. M. Wolff, Mrs. E. J. Beir, Mrs. M. Goldsmith, Mrs. M. M. Meyers, Miss F. Solomon, Miss C. Stern, each \$1 ; Mrs. M. Lewin, a friend, Mrs. C. Newhafer, Mrs. E. Lindner, Mrs. Simon Holtz, each 50 cents ; total, \$42.50.

By Mrs. Sol. Adler—Mrs. E. Wolff, \$5 ; Mrs. L. Adler, Mrs. A. Adler, a friend, Mrs. H. Rosenberg, Mrs. A. Picard, Mrs. J. L. Garson, Mrs. Simon Heefel, Mrs. S. Haslacher, Mrs. Dr. S. L. Elsner, each \$2 ; Mrs. A. Stern, \$1.50 ; Mrs. M. Brickner, Mrs. Sol. Adler, Mrs. L. Garson, Mrs.

M. Dinkelspiel, Mrs. H. Goodman, Mrs. M. David, Mrs. Zalinski, Mrs. H. Hochstedher, Mrs. M. Etttinger, Mrs. S. Hummel, Mrs. A. Beir, Mrs. J. J. Backrow, Mrs. Sam. Garson, Mrs. G. Wile, Mrs. B. Meyer, Mrs. G. Steinfield, Mrs. Joseph Cauffman, Mrs. M. L. Garson, Mrs. Strausman, Mrs. L. White, Mrs. H. Rice, Mrs. Sol. Goldsmith, Mrs. Present, Mrs. M. Rochenthal, Mrs. M. Blum, Mrs. M. Lowenthal, Mrs. Lang, Mrs. Dr. N. W. Soble, Mrs. L. Waterman, each \$1 ; Mrs. R. Shantz, 50 cents ; Mrs. S. L. Ettenheimer, \$1 ; total, \$55.

SUMMARY.

Collected by Mrs. Morris Meyer.....	\$ 23 00
Collected by Mrs. M. A. Stern.....	17 50
Collected by Mrs. L. W. Moore	12 00
Collected by Mrs. M. M. Meyers and Mrs. M. Goldsmith.....	42 50
Collected by Mrs. Sol. Adler.....	55 00
Total.....	\$150 00

Receipts for the Review.

DECEMBER, 1895.

Mrs. Levi Adler, 65c; Mrs. L. H. Alling, 65c; Mr. C. H. Amsden, 65c; Mr. Sherlock Andrews, 65c; Mr. W. F. Balkam, 65c; Mr. J. H. Boucher, 65c; Mrs. G. W. Archer, 65c; Mrs. I. A. Baum, 65c; Mrs. David Cory, 65c; Miss D. Cossett, 65c; Mrs. W. J. Curtis, 65c; Mrs. E. A. Fisher, 65c; Mrs. Eugene Glen, 65c; Mrs. F. Goetzman, 65c; Mrs. Edward Harris, 65c; Mrs. Jonas Jones, 65c; Mrs. W. S. Kimball, 65c; Mrs. Geo. Koch, \$1.30; Mrs. Emil Kuichling, 65c; Mrs. C. F. Lomb, 65c; Mr. Henry Lomb, 65c; Mrs. W. J. Mandeville, 75c; Mrs. S. M. Benjamin, 65c; Mrs. F. A. Mandeville, 65c; Mrs. C. E. Morris, 65c; Prof. W. C. Morey, 65c; Dr. E. W. Mulligan, 65c; Mrs. S. A. Newman, 65c; Mrs. Wm. Pitkin, Jr., 65c; Mrs. D. W. Powers, 65c; Mrs. A. V. Pells, 65c; Mrs. J. P. Palmer, 65c; Mr. A. E. Perkins, 65c; Miss Lucy Ross, 65c; Mrs. J. Craig Powers, 65c; Mrs. B. Rothschilds, 65c; Mrs. E. H. Satterlee, 80c; Miss F. M. M. Seymour, 65c; Mrs. H. H. Stebbins, 65c; Mrs. W. H. Smith, 70c; Mrs. H. L. Smith, 65c; Mrs. G. N. Storms, 65c; Mrs. J. W. Taylor, 65c; Mrs. C. D. Van Zandt, 65c; Mrs. W. H. Ward, 65c; Mrs. W. W. Webb, 75c; Mrs. George Weldon, 65c; Mrs. J. M. Wile, 65c; Mrs. R. B. Wickes, 65c; Dr. T. C. White, 65c; Dr. L. A. Weigel, 65c.
By Miss Messenger.....\$34 20

Miss Eliza Tompkins, 65c; Interest to Dec. 1st, \$6.79; C. W. Trotter & Son, adv., \$5.00; Mrs. Joseph Engel, 65c; Sale of paper, 5c; Hon. C. McLouth, Palmyra, \$1.00; Mrs. S. L. Van Vechten, S. Orange, 50c; Mr. W. F. Evans, Niagara Falls, \$1.00; Miss Talman, Kalamazoo, 50c; Mrs. H. R. Durfee, Palmyra, 50c; Mrs. D. C. Becker, Fairport, 50c; Hon. G. A. Goss, Palmyra, \$1.00; Mrs. W. H. Mandeville, Olean, \$1.00; Mrs. I. q Grand Brown, Scottsville, \$2.00; Mrs. Wm. Eastwood, 65c; Mrs. M. H. Hallowell, 65c; Mrs. S. L. Willis, 65c; Mrs. H. D. Williams, 65c; Mrs. Jas. McCabe, 65c; Shale & Milow, 65c. By Treasurer.....25 04

LYDIA RUMSEY, Treasurer.

**Directory of the Magne Jewell Memorial Out-Patient Department,
Rochester City Hospital.**

The Magne Jewell Memorial Out-Patient Department is divided into nine sections, whose names, with the days and hours for consultation, follow :

Diseases of the Eye and Ear—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of the Nervous System—Monday, Thursday ; 4 to 5.

General Medicine—Monday, Wednesday, Friday ; 2 to 3.

Diseases of the Skin and Genito-Urinary System—Tuesday, Friday ; 4 to 5.

Orthopædic Surgery—Monday, Thursday ; 4 to 5.

Diseases of the Throat and Nose—Monday, Wednesday, Friday ; 4 to 5.

General Surgery—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of Women—Tuesday, Wednesday, Friday, Saturday ; 10 to 11.

THE HOSPITAL REVIEW

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THE PUBLISHING COMMITTEE,

MISS A. MUMFORD, MRS. WM. H. PERKINS.
MRS. WM. E. HOYT. MISS WILDER.

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By mail..... 50 "

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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

OFFICERS—1891.

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SILVANUS J. MACY,	Second Vice-President.
THOMAS H. HUSBAND,	Secretary

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THE HOSPITAL REVIEW.

ngel, Mrs. E. S. Martin, Mrs. F. P.
, Mrs. Allan J. Cuming, Mrs. Henry
nith, Mrs. Rudolf Hofheinz.

Physicians of the Hospital.

Medical Staff—William S. Ely, Charles
ewey.

urgical Staff—David Little, John W.
beck, Julius J. Kempe, Charles E.

Ab
er.
ssistants to the Staff—Wheelock Rider,
ry T. Williams, Edward W. Mulligan,
e W. Little, Louis A. Weigel.

15 -
ut-Patient Department—Fred A. Man-
le, J. Livingston Roseboom, Henry S.
nd, Lewis W. Rose, Alfred W. Henck-
aniel G. Hastings, Charles D. Young,
ias Jameson.

G Hospital Notes.

In the Out-Patient Department during
January 59 new and 80 old patients were
treated. These made 304 visits to the
Hospital and received 323 prescriptions
and treatments. Four operations were
done.

The number of operations in the Sur-
gical Pavilion was 39.

The Nurses' Sitting Room.

Since the starting of the Training School
in connection with the City Hospital, the
need of a Nurses' Home has been very
much felt. The work of a nurse is wear-
ing, mentally and physically, and when she
is "off duty" she ought to be able to get
entirely away from the surroundings and
environment of her work hours. We have
long had the hope (and still have it)
that someone who has an abundance of
this world's goods will be moved to pro-
vide, perhaps in memory of some dear one,
a pleasant, comfortable Home for our
nurses. Until very lately the nurses in
connection with our Hospital have had no

sitting room which they could really call
their own. Lately the chapel has been
made into a very attractive, cheerful, home-
like room for their use.

Mr. Henry Waltjen, of Exchange Place,
has most generously and kindly painted
and decorated the room and put up the
picture moulding, all as his gift to that
room, for which we give him our most
hearty thanks. Mrs. Jas. Hart has given a
rug for the floor, several pictures, three chairs
and a center table. The pleasure of the
nurses in this room must be very gratifying
to those who, by their generosity, have
made it so attractive.

Some kind nameless friend sent an arm
chair for the nurses' sitting room.

The Mary Bed.

We begin the New Year with \$500.14.
We trust that each year new subscribers
will be added to our list and that all the
Marys will feel a desire to help us to raise
the endowment fund for this bed in the
Children's Pavilion, so that they may feel
that they are caring for some little suffer-
ing name-sake continually. The subscrip-
tions paid this month are as follows:

Mary Jane Porter, in mem.....	\$1 00
Mrs. Macomber, for Mary Macomber.....	5 00
Mary H. Lamb.....	1 00

Sum total.....\$501 14
January, 1896.

MARY H. WRIGHT, Trustee,
282 East avenue.

Training School Report.

Mrs. James C. Hart has been added to
the Training School Committee.

Applications for circulars.....	37
Black bands given.....	1
Number finished, two years ..	3
Candidates received on probation..	1
Probationers received caps.....	2
Visits made by District Nurse....	44

4m 14 4 Huntington.
526 West Ave.

A Final Appeal to the Twigs.

It is with a feeling of despair that the editor of THE REVIEW makes one more appeal to the Twigs for aid in keeping up a Twig column in our little paper.

The present editor retires with this number, but in behalf of her successor she urges once more that the secretaries of the different Twigs, Stems, Grafts, Shoots, etc., should send each month a brief report of the work accomplished. These societies are a most valuable aid to our Hospital, in fact, we do not see now how the Hospital could be run at all without them. Each Twig is interested in every other Twig, and it is a good thing that these societies should keep in touch with each other. This can be brought about by the paper published in the interests of the City Hospital. If each secretary will feel it to be a part of her duty to send a monthly report to the Editor as early as the 8th of each month, the Twig column would be of much interest, not only to the societies, but to all readers of THE REVIEW.

"The Mary Bed."

The receipts for the Mary Bed have reached the sum of \$500, and Miss Wright, the trustee of the fund, has deposited it in the Rochester Trust and Safe Deposit Co., and hopes in time, from its annual gifts, that it will accumulate a fund to endow a bed in the Children's Pavilion. Miss Wright also suggests that *memorial* gifts may be added to this fund. It is about three years since this fund was started, and those interested hope the number of its donors may be increased, and that it will not be many months before a tablet can be secured to mark the "Mary Bed." The papers are in the possession of the Treasurer. Those friends aiding this fund will continue to send their gifts to Miss Wright, East avenue. S. D. PERKINS, Treasurer.

Laundry Report.

Total number pieces during the month of
January, 1896..... 24,130
Wages, \$28 per week.

Hospital Report.

Number in hospital January 1, 1896..... 68
Births..... 2
Admitted during January..... 67
Discharged during January..... 56
Deaths..... 15
Number remaining February 1..... 66
137

DIED AT THE ROCHESTER CITY HOSPITAL.

January 1—James Redford.....	age 43 years
" 4—Mrs. Emma Evans.....	" 58 "
" 5—Mrs. Mary Pero.....	" 44 "
" 5—John C. Lewis.....	" 83 "
" 8—Miss M. E. Burke.....	" 48 "
" 15—Geo. A. Miller.....	" 34 "
" 16—James Austin.....	" 82 "
" 16—James Jones.....	" 69 "
" 17—Mrs. C. D. Julio.....	" 21 "
" 22—Mrs. Wm. Shannon.....	" 40 "
" 22—Alfred Hartel.....	" 7 "
" 25—Mrs. M. E. Darling.....	" 54 "
" 25—Butler O. Dennis.....	" 47 "
" 29—Mrs. Geo. Hennegan.....	" 22 "
" 30—Mrs. Clara Smith.....	" 27 "

Monthly Report of Treasurer of Hospital Review.

JANUARY, 1896.

Receipts.

Cash on hand, January 1.....	\$476 95
Subscriptions by Miss Messenger.....	\$34 20
" Treasurer.....	19 10

Receipts for the month.....	53 30
-----------------------------	-------

Total Receipts.....	\$530 25
Expenses.....	60 06

Cash on hand, February 1....	\$470 19
------------------------------	----------

Expenses.

Collecting.....	\$3 06
Postage for January.....	5 00
December Printing (Donation No.).....	42 00
January Printing.....	10 00
	\$60 06

LYDIA RUMSEY, Treasurer.

Wants.

Clothes of all sorts are much needed for the children in the Pavilion.

Will some one send us small trousers for equally small boys?

Donations of fruit and old cotton always acceptable.

Contributions for January, 1896.

Mrs. E. S. Martin, books for Children's Pavilion.

First Twig, 20 pillow cases.

Miss L. M. Dryer, 4 volumes for library.

Wm. Boon, flowers.

Mrs. H. C. Brewster, toys for Children's Pavilion; 12 volumes for library.

Parent Stem, 25 sheets, 18 napkins, 1 night-shirt.

Hemlock Twig, 52 pillow cases, 5 napkins, 5 sheets.

Mrs. Isengarten, magazines.

Mrs. Geo. Elwanger, flowers and old cotton.

Fourth Twig, 5 baby slips, 11 diapers.

Second Twig, 25 sheets, 8 towels.

Mrs. J. C. Hart, 3 children's dresses, magazines.

Rochester Book Club, 25 volumes for library.

Family of A. Stern, magazines.

Miss Anna Terrill, Gates, N. Y., magazines.

Parish Aid Society, St. Paul's church, magazines.

Ladies' Sewing Circle, N. Chili, N. Y., Mrs. B. N. Nurse, secretary, 3 quilts.

Mrs. Oscar Craig, 52 towels, 16 pillow cases, 2 nightshirts.

Twig Two, 5 sheets, 3 pillow cases, 20 towels.

The Junior League of Asbury M. E. church visited the Hospital Saturday, February 1, going to the Children's Pavilion with presents of books and toys for the children.

Receipts for the Review.

JANUARY, 1896.

Mrs. W. C. Barry, 65c; Mrs. R. W. Bellaney, 65c; Mrs. Geo. Cummings, 65c; Mrs. E. Gilman, 65c; Mrs. J. O. Howard, 65c; Dr. F. W. Zimmer, 65c; Mrs. Patrick Barry, 65c; Mrs. S. L. Brewster, 65c; Miss Beach, 65c; Mrs. W. K. Daggs, 65c; Mrs. Samuel Sloan, 65c; Mrs. J. A. VanIngen, 65c; Mrs. J. E. Walcott, 65c. By Miss Messenger.....\$ 8 45

Miss Marton, 65c; Miss H. H. Backus, 65c; Mr. Daniel Leary, 65c; Mrs. B. F. Angel, Geneseo, \$1.00; Mrs. T. F. Olmstead, Geneseo, 50c; Mrs. H. M. Arnold, Geneseo, 50c; Mrs. A. J. Willard, Geneseo, \$1.00; Mrs. Wm. Walker, Geneseo, \$1 00; Mrs. Warham Whitney, 65c; Mrs. E. F. Brewster, 65c; Mrs. E. O. Sage, 65c; Mrs. W. B. Douglas, \$1.00; Mrs. G. W. Sill, E. Orange, \$1.00; Mrs. C. V. FitzSimons, \$1.30; Mrs. F. M. Bottum, 65c; Mrs. E. W. Williams, 65c; Hamilton & Mathews, Adv., \$5.00; Mechanics Savings Bank, Adv., \$15.00; Joseph Schleyer's Sons, Adv. \$5.00; Smith, Perkins & Co., Adv., \$5.00; The Paine Drug Co., Adv., \$5.00; Union and Advertiser Co., \$5.00. By Treasurer \$62 50

LYDIA RUMSEY, Treasurer.

A Bird Hospital in Chicago.

Among its many admirable institutions for the care of the sick and disabled, Chicago enjoys the distinction of possessing a bird hospital, the only one of its kind, it is claimed, in the United States. This unique establishment has never been the beneficiary of an endowment either by the State or at the hands of individuals, yet its manager, C. A. Cross, seems to be able to make the financial ends of the institution at least meet if they do not overlap to any great extent.

It is only necessary to watch Mr. Cross for a few minutes moving about among his feathered friends to realize that his heart is in his business. While his work brings a living to himself and wife, it also brings restored health to many a little winged sufferer, and this phase of his life work apparently affords the bird doctor quite as much satisfaction as the other. His wife, however, seems equally interested and absorbed in the novel business, and he modestly attributes much of the success of the "institution" to her delicate care of the indisposed inmates. The birds, too, seem to understand all this, and evince their appreciation by signs, and sometimes utterances, which show how deeply they appreciate the kind offices of their physicians.

According to Mr. Cross, birds are subject to nearly all the ailments which infect humanity. The parrot, particularly, which may be considered the autocrat of the feathered tribe, leads all birddom in the number and variety of diseases to which it is subject. Pneumonia, catarrh, consumption, diphtheria, tonsilitis, and a wide range of other throat troubles are among the common ailments of this popular pet. Even gout among the more highly favored in the matter of ownership is not uncommon among these the upper ten of birddom.

Mr. Cross explains that the most fruitful sources of disease among the parrots are improper food and carelessness on the

part of their owners in leaving doors and windows open while the birds are moulting so that they then contract colds. Improper food results in stomach troubles, frequently catarrh of the stomach. This is brought on most frequently by feeding the birds potatoes and other greasy food. In the case of Charley, the Colorado parrot, his distemper was brought on by eating meat and greasy food from his owner's table. The moulting season is the dangerous time for all captive birds, and as this is the parrot's season for shedding his feathers, sick birds of that species now predominate at the hospital.

Mocking-birds and canaries moult later in the early fall, and Mr. Cross says he always has his hands pretty full with these little singers during that season. Though he does not get as much for taking care of the smaller birds, they are really more trouble, as they are not so easily handled as the parrots, and have less intelligence to aid in pulling them around.—[*Chicago Times-Herald*.]

Directory of the Magne Jewell Memorial Out-Patient Department, Rochester City Hospital.

The Magne Jewell Memorial Out-Patient Department is divided into nine sections, whose names, with the days and hours for consultation, follow :

Diseases of the Eye and Ear—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of the Nervous System—Monday, Thursday ; 4 to 5.

General Medicine—Monday, Wednesday, Friday ; 2 to 3.

Diseases of the Skin and Genito-Urinary System—Tuesday, Friday ; 4 to 5.

Orthopaedic Surgery—Monday, Thursday ; 4 to 5.

Diseases of the Throat and Nose—Monday, Wednesday, Friday ; 4 to 5.

General Surgery—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of Women—Tuesday, Wednesday, Friday, Saturday ; 10 to 11.

THE HOSPITAL REVIEW

IS PUBLISHED EVERY MONTH BY

THE PUBLISHING COMMITTEE,

MISS A. MUMFORD,
MRS. WM. E. HOYT.

MRS. WM. H. PERKENS.
MISS WILDER.

TERMS—City, in advance, including postage, 65 cts.
By mail..... 50 "

[Entered at the Post Office at Rochester, N. Y., as second-class mail matter.]

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XII. Deposits made on or before the first three business days of any month shall be entitled to interest at the rate of four per cent. per annum from the first day of the month provided they remain to the end of a quarterly period.

The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

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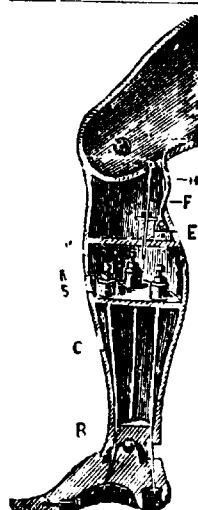
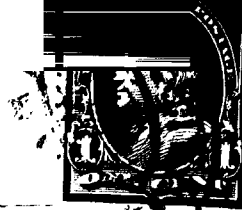
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XVI. Interest not exceeding four per cent. per annum will be allowed on all sums which may be on deposit on the first days of March, June, September and December, for each of the three preceding months during which such sum shall have been on deposit.

XVII. Deposits made on or before the third days of March, June, September and December, shall be entitled to interest from the first days of such months respectively, if left for the required time.

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THE HOSPITAL REVIEW



DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING

AT THE
ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 24

VOL. XXXII.

ROCHESTER, N. Y., MARCH 15, 1896.

No. 7

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H. Angel, Mrs. E. S. Martin, Mrs. F. P. Allen, Mrs. Allan J. Cuming, Mrs. Henry L. Smith, Mrs. Rudolf Hofheinz.

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Medical Staff—William S. Ely, Charles A. Dewey.

Surgical Staff—David Little, John W. Whitbeck, Julius J. Kempe, Charles E. Rider.

Assistants to the Staff—Wheelock Rider, Henry T. Williams, Edward W. Mulligan, Seelye W. Little, Louis A. Weigel.

Out-Patient Department—Fred A. Mandeville, J. Livingston Roseboom, Henry S. Durand, Lewis W. Rose, Alfred W. Henckell, Daniel G. Hastings, Charles D. Young, Thomas Jameson.

Hospital Notes.

The managers of the Hospital earnestly invite their friends, and everyone interested in the welfare of hospital enterprise, to the graduating exercises of the Training School, on Thursday evening, March 26th. The place will be announced in the daily press. There are eighteen nurses to be graduated, to whom Dr. Louis Washburn will make an address.

The friends of Mrs. Adams will learn with regret that necessity requires that she retire from the editorship of the REVIEW. Beginning with the April number, Mrs. J. P. Varnum will assume the management of our little paper. Communications relating to the REVIEW should be sent to Mrs. Varnum, 37 Rowley street.

Our wards are getting crowded. Many times, of late, the number of patients applying for rooms was larger than the supply. It gives the nurses plenty to do. One of them was asked for "items for the REVIEW." "Items!" she said. "We don't know any 'items'—we don't know anything but hard work." And yet they always look so fresh and clean that one

forgets the patient, plodding service they render hourly to the houseful of sufferers.

In the Pavilion.

Eleven children are in the Pavilion. The girls are delighted with their new dresses made by the Second Twig. The dresses all fit just the children who are in the Pavilion now.

The few boys and girls who are given the pleasure of cutting the fascinating advertising picture cards sent out with some of our newspapers, are considered much the most fortunate by those who haven't that satisfaction. Won't some of our friends who have 'no children of their own try to remember what it means to a sick child to have one of the colored pictures, and send it to us? We would also suggest that a pair of blunt-pointed scissors would be a very suitable accompaniment to the plate.

The Magee Room.

Little did Mrs. Burnet think when she wrote the story of the room she dedicated to her dead son in a far-away London hospital, that the story should lead a young woman to visit that beautified abode of pain, and to be so impressed by its beauty and spirit that she determined to endow a similar room in the City Hospital at Rochester. The brass door-plate reads: "In memory of Anna McGee Boissevain." The room is devoted to the use of crippled children whose trouble is chronic. The room was flooded with sunshine the day we visited it, and the patient children could see the sky reflected in the blue of the walls and ceiling. One little fellow was very happy wheeling himself around in a chair, with that cruelly-kind weight dragging down his knee, but leaving no trace of suffering to mar the calm serenity of his face. One does not feel depressed by a visit to such a "sick-room" as that!

The Cooking Class.

The course in Cookery for the Sick at the Mechanics' Institute was completed in January. Our nurses have the honor of being the first class of the kind to enter the Domestic Science Department of the Institute. The class cannot say enough of their appreciation of the course as given them. With the fine equipments for teaching a large class in the most thoroughly practical and scientific way, the Mechanics' Institute will prove a blessing to our city in many ways. It makes one glad to think of the appetizing and nutritious food—that ideal medicine—with which these nurses are able to tempt the capricious appetites of their fractious patients.

The Columbian Twig.

During the Hospital year the Twig has had ten meetings and finished the following articles: 5 night shirts, 2 night gowns, four pairs of pillow cases. Four meetings were devoted to donation work.

THE Morning Twig has held meetings every two weeks since the season began, which have been well attended. Seventeen sheets have just been finished and sent to the Hospital.

FLORENCE M. ANGELL, Secretary.

The Mary Bed.

The Treasurer in giving a little report of "The Mary Bed" thought that we had been able to raise \$500 in "about three years." But as a matter of fact it has taken us five years to raise that amount, making an average of about \$100 a year, fifty dollars of which is annually subscribed. We are now about to begin on our sixth year, and we trust that we may be able to add new names to our list of annual subscribers, and also may have many special offerings made during the year.

MARY H. WRIGHT,

Treasurer, 282 East Avenue.

March, 1896.

Hospital Report.

FEBRUARY, 1896.

Number in hospital February 1.....	66
Births.....	1
Admitted during February.....	83
	150
Discharged during February.....	58
Deaths.....	13
Number in hospital March 1.....	79
	150

DIED AT THE ROCHESTER CITY HOSPITAL.

February 1—Mrs. Kate Linebarger, age —	years
" 3—James L. Clark.....	59 "
" 4—Miss Della Brightman.....	25 "
" 6—Adam Ottman.....	26 "
" 6—Mrs. DeF. Barrett.....	33 "
" 7—Mrs. Anna K. Mercer.....	49 "
" 13—Mrs. A. Vanderlyke.....	24 "
" 13—John Collings.....	49 "
" 15—Mrs. Geo. S. Bebee.....	35 "
" 16—Albert Page.....	33 "
" 20—John W. Wiley.....	8 "
" 23—Mrs. Marion Schoel-	
lenberger.....	24 "
" 24—John Querra.....	39 "

Report of Surgical Pavilion.

BY B. ROSS NAIRN, House Surgeon.

Number of operations during February, 1896.....	38
" " patients.....	32
" " operators.....	20

Training School Report for Feb. '96.

Application for circulars.....	16
Black bands given.....	1
Number finished two years.....	1
Candidates received on probation.....	3
Visits made by district nurse.....	36

Receipts for the Review.

FEBRUARY, 1896.

Dr. W. B. Jones, 66c; Mrs. H. L. Osgood, 65c; Mrs. P. J. Cogswell, 50c; Mr. J. M. Brown, \$1.95; Mrs. J. M. Whitney, \$1.00; Miss A. L. MacGachen, Ithaca, 50c; Mrs. S. C. McKown, \$1.80; Mrs. J. G. Culler, 75c; Mrs. J. S. Bean, Ogdensburg, 50c; Mrs. J. W. Martin, Geneseo, 50c. By Treasurer.....	\$8 31
LYDIA RUMSEY, Treasurer.	

Endowment Fund for the Crippled Children.

Previously acknowledged.....	\$2,159 95
Gifts.....	17 49
Interest to December 1st, 1895.....	157 35
Receipts at Donation from the Splinters.....	165 21

Net to date.....\$2,500 00

MRS. W. H. PERKINS, Treasurer.

MRS. H. G. DANFORTH, Asst. Treasurer.

By referring to our list of donations, it will be seen how industrious our Twigs are. They have supplied to the Hospital during February: 3 infant's sacques, 6 napkins, 13 infant's dresses, 19 towels, 6 night-shirts, 19 pillow cases, and 37 sheets, making 107 finished articles indispensable to Hospital needs.

February Donations.

Mr. John Bower, large quantity flowers.
 Judge Danforth, magazines.
 Genesee Valley Club, magazines.
 Mrs. J. H. Brewster, magazines and 3 pictures.
 Mrs. Wm. E. Hoyt, paper dolls and cotton.
 Mrs. H. G. Danforth, old linen.
 Mrs. Geo. Taylor, books.
 Mrs. H. D. Stockbridge, illustrated weeklies.
 Mrs. H. H. Morse, 1 picture for nurses parlor.
 Geo. Whitney Martin, clothing.
 Miss Charlotte Wilson, Youth's Companions.
 Second Twig, 3 infant sacks.
 Mrs. A. G. Yates, box of flowers for older patients.
 Miss Carroll, papers.
 Parent Stem, 2 night shirts and 7 pillow slips.
 By Dr. Henckell, box of flowers.
 Parent Stem, 1 night shirt.
 Mrs. Geo. C. Buell, old linen.
 Misses Gibbons, cut flowers for sick poor.
 Fourth Twig, 13 infants dresses—finished.
 Dr. Henckell, papers.
 King's Daughters, Baptist Church, Pittsford, picture books for Children's Pavilion.
 Hemlock Twig, 18 pillow cases, 20 sheets.
 Mrs. Edward Bausch, old linen.
 Mrs. Wm. Drescher, baby clothes.
 The Morning Twig, 17 large sheets.
 The Second Twig, 4 dresses.
 Mrs. Isengarten, German papers.
 First Twig, 19 towels, 6 napkins, 3 night shirts.
 Mrs. G. B. Miller, old linen.
 Mrs. Wm. Bush, cut flowers.
 Given by Andrew Carnegie, Report of Committee of Education, 1892-3.
 Edward Atkinson, Boston, Book, The Science of Nutrition.
 Mrs. Wm. Kimball, children's night dresses.
 " " " underwear.
 " " " shoes.
 " " Men's night shirts.
 " " Pajamas.

Cheerfulness.

BY MINOT J. SAVAGE.

Before I have gone far, some one will be saying—perhaps some one is saying mentally even now—It is all well enough for you to talk about and advocate cheerfulness. You are in good health, you are fairly prosperous in your work, you have recently lost no near friend, you have love in your life, friendships surround you on every hand, you have hope for the future, you hold a theory of the universe which tends to trust; it is very easy, then, for you to practice cheerfulness. But what of others differently situated, who have passed through experiences, who have burdens to bear, concerning which you practically know nothing, who have reasoned out for themselves a philosophy of life that has in it more of shadow than of sunshine—what of all these? There are thousands of persons in the world to whom talk of cheerfulness is only mockery.

It is not levity, it is not careless good nature, it is not selfish joy in the things one has himself, a selfish forgetting of others, that I advocate. It is cheerfulness, that state of mind which is born of courage and at least of some hope.

Let us note a few of the cases of those who might be pardoned for not looking cheerful, and contrast them, if we may, with some others who, in equally difficult circumstances, have conquered, and stand with uplifted look and undaunted courage.

What of the men and women whose health is broken? There are many who, having come to youth or early manhood, find themselves suddenly disabled. Illness takes away their power.

Let me tell you what I know concerning some cases of chronic life-long illness, and of the conquest over such conditions. I have in mind at this moment a woman whom I have known for years. It is many a year since she has been able to walk; and, when she has walked at all, it has been by the aid of crutches. Her husband, years ago, met a tragic death that produced a shock from which she never recovered. Through no fault of her own she has seen a small fortune dwindle and slip out of her hands. Not able to enter into the life of the world, her dreams are only dreams henceforth. Here, certainly, is a case where the lack of cheer might be at least excused; and yet she is one of the brightest, cheeriest, noblest, strongest persons I know. It is an inspiration simply to look on her face. It is comforting and uplifting to hear her speak. Never in all the years that I have known her has she spent the time with me even to tell me of her sorrows. I have never heard one whisper of repining nor one word of complaint. Much that I know about her I have learned from others, not from her own lips. It is a joy to be in her presence. There is complete victory over her condition; and thousands of those who are well and strong might take lessons of her in the matter of cheer.

I know another, again a woman. It is years since she has been able to walk; and these years have been spent either in her bed or bolstered in an easy chair. Disease has made her limbs misshapen, pain has been her constant companion. Yet the artist soul of this woman has created such beauty of face and feature that angels might be glad to look as she does. Her

husband, too, is dead ; but, before he died, she had been in this condition for several years. And he has told me that always, when he came home from his business, he knew that he should find she had prepared to greet him with gladness, with cheer, never with complaints ; never a word to make his home-coming a shadow ; never any comparisons between his happiness and freedom and ability to go and come as he would and her cheerless confinement. He never went home expecting to find the house an unpleasant place on account of her illness, but always went with glad anticipation of finding, in her brightness and courage, strength, if he needed it, on his own account. These things, then, and such as these, are possible ; and they do exist. And I leave it for you to say whether this is not unspeakably better, whatever the provocation or the cause, than the opposite way of meeting the evils of life, letting them sour and embitter the soul, letting them discourage and take the heart out of us.

**Directory of the Magne Jewell Memorial Out-Patient Department,
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Orthopaedic Surgery—Monday, Thursday ; 4 to 5.

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February 2, 1891.

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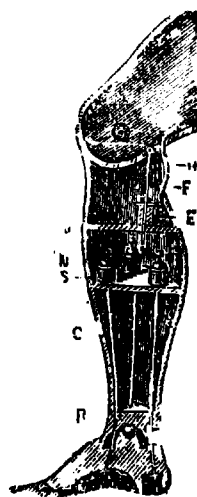
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DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING
AT THE

ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 24

VOL. XXXII.

ROCHESTER, N. Y., APRIL 15, 1896.

No. 8

FOURTEENTH ANNUAL COMMENCEMENT

OF THE

Training School For Nurses Connected With The Rochester City Hospital.

In spite of winter winds and spring snows, and weather which was "everything by turns and nothing long," the Old Auditorium of Central Church was well filled on Thursday evening, March 26th, when the friends of the Hospital and its nurses gathered there to attend upon the graduating exercises of the Training School.

Seated upon the platform, which was decorated with growing plants, were Dr. Dewey, Dr. Stoddard, the presiding officer; the Ven. Louis C. Washburn, Archdeacon of Rochester, the speaker of the evening; Dr. Little, and Dr. Ely. An excellent musical programme under the direction of Prof. H. E. Leach added much to the enjoyment of the occasion.

Following is the order of exercises:

Prayer Rev. L. C. Washburn
Music—1 Piaro duet; Spanish Dances.
Miss Holyland and Miss Banker.
2 Song, "Because I Love You."
Miss Perrine.
Address Rev. L. C. Washburn
Music—"The Outpost" Mr. Walter White
Presentation of Diplomas Dr. David Little
Music—"Ninety and Nine" Miss Freeland
Benediction Rev. L. C. Washburn
Prof. H. E. Leach, accompanist

At eight o'clock the graduates and undergraduates entered the Auditorium to the strains of an inspiring march played by Prof. Leach, and were seated in a semi-circle, the graduates in a double row in front, and the undergraduates on the sides, facing the platform, making an effective appearance in their neat and becoming dress. This class is the largest sent out from the school since its foundation, the greatest number of graduates in any previous year having been sixteen, in the class of 1891.

GRADUATING CLASS, 1896.

Carrie A. Bates,	Lizzie Bovaird,
Helen Burke	M. Lillian Carter,
Elizabeth Connor,	Caroline I. Devereaux,
Josie Dickson,	Marian R. Doyle,
Minnie L. Hudgins,	Catharine M. Hughes.
Winifred E. Lewis,	Annie Lockridge,
Myrtie Mace,	Ida Perry,
Rosamond M. Stafford,	Mary C. Tomer,
Myrtle E. Wiggins,	Jennie M. Wilson.

The Rev. Mr. Washburn opened the exercises with the following prayer :

The Lord be with you. Let us pray.

Blessed be Thy name. O, Lord, that Thou hast put it into the hearts of Thy servants to erect and maintain the Rochester City Hospital, for the continuance of Thy merciful ministries to the bodies of men ; and grant that all who enjoy the benefits of this gracious work may show forth their thankfulness, by making a right use of it, to the glory of Thy blessed name and the quickening of brotherly love, through Jesus Christ our Saviour. Look favorably, we beseech Thee, upon this institution and enable it more and more to extend a healing hand to the sick and suffering. Dispose the hearts of Thy servants that they may gladly give of their substance for its generous support. Grant that its officers, physicians and surgeons and all who are associated with them herein, may set Thy holy will ever before them ; inspire them with a due sense of their weighty responsibilities, and with wisdom and courage faithfully to fulfill the same. And this we beg for Jesus Christ's sake.

Great and mighty God, who bringest down to the grave and bringest up again, we bless Thy wonderful goodness that Thou dost not forsake Thy creatures in their pain. Blessed be Thy name that Thou dost visit them with comforts from above ; dost support them in patience and submission to Thy will ; and dost send them seasonable relief. Extend, we beseech Thee, these Thy mercies to all within the wards of our hospitals, and prosper the means which shall be made use of for their cure ; that they may be restored to health of body, vigor of mind and cheerfulness of spirit ; and evermore praise Thy holy name for all Thy goodness towards them. Through Jesus Christ our Saviour.

O, Almighty God and merciful Father, to whom alone belong the issues of life and death ; look down from Heaven, we humbly beseech Thee, with the eyes of mercy upon all now lying upon beds of sickness. Visit them, O Lord, with Thy salvation ; deliver them in Thy good appointed time from their bodily pain, and save their souls for Thy mercy's sake, through Thy Son, our Lord, Jesus Christ.

O, God, gracious and pitiful, who hast called these Thy servants to minister for Thee in special paths of mercy and charity ; enable them to carry out Thy compassionate purposes and do all such good works as Thou has prepared for them to walk in. Be thou their guide and defence and their exceeding great reward. Keep them pure and brave, constant and true, cheerful and tender, wholly devoted to Thy service in caring for the sick, and ministering to them according to their several necessities ; for His sake who went about doing good, and who taught us when we pray to say :

Our Father, etc.

At the close of the prayer a piano duet was played by Miss Holyland and Miss Banker, and Miss Perrine sang a solo, after which Mr. Wash-

burn delivered the address of the evening, which was listened to with close attention and interest by all present. The text is given in full :

LADIES AND GENTLEMEN : It is a privilege and an honor to be allowed to voice the sentiments of the occasion to you this evening. I am keenly sensible of the limitations which environ any effort on my part to speak the words you would most wish to hear at this time. Someone has said that he is a gentleman who listens patiently to the man who is informing him on a subject upon which he knows everything and the man knows nothing, as if he knew nothing and the man knew everything. It is only because of my implicit confidence in your unfailing courtesy that I proceed to address you. And yet it is with a certain real pleasure that I venture to bespeak your attention as I strive to present some thoughts which may prove not altogether unhelpful.

We are here to keep one of the happiest anniversaries of one of the noblest charities in Rochester ; and let our first exclamation be this : God bless the City Hospital ! How intimately associated with that which is best in our civic development ! What a creditable part it played in the great national crisis of the Civil War ! How tenderly it has contributed to the peace and preservation of unnumbered home circles. What miseries it has alleviated—what pains assuaged—oh, the comforts it has thrown around the dying—the precious lives it has preserved—the men, women and children it has snatched from the jaws of death and sent forth to useful and honored careers ! Who could paint the crowded picture of its gracious deeds ? Who could compute the debt which, as individuals and a community, we owe to it ? Let us keep the glorious record ever fresh in our own grateful memories ; and tell it out in every street and house that here is an institution which is not a soulless machine ; but a vitalizing creature with beating heart and sleepless eye, unwearied feet and skillful, healing hand. Away back in 1845 The Rochester Female Charitable Society, catholic in its pity, wise in its method, with gentle, womanly approach distributing its bounty and cheer to the sick poor in their own homes, discovered a pressing need, appointed a "hospital committee," and began to agitate the subject of providing such an institution. The semi-centennial of the incorporation of the Rochester City Hospital might most properly be publicly observed on the 7th day of May, 1897. There are several local tendencies affecting our charitable institutions which, in the judgment of many, might profitably be discussed. Public opinion on these great subjects, especially in a community which is growing apace, can never be too carefully moulded. Shall not some influence be exerted to persuade the people, for instance, of the unwisdom of recklessly dividing and subdividing our operations ? Concentration is the approved policy in the mercantile and industrial world. May not a timely word be spoken in favor of a like policy governing our institutional charities ? The special prudence of such a course in connection with the development of a hospital is emphasized as we note the steady expansion of its purposes and field of work. How much more it now has to do. In the beginning, as with our own, so with all hospitals, their aid was intended and provided solely for the benefit of the poor—of those who were unable to obtain, at their own expense or by their own efforts, proper care in case of sickness ; but now they have relations with the interests of almost every class in the community. Moreover, it is largely by hospital organization and work that skilled physicians, surgeons and nurses are now provided for the public. It means much many ways, when we

hear an eminent specialist speak in the following enthusiastic strain of the services rendered by a certain hospital to the medical school: "Annually opening its exhaustless treasures of disease to crowds of educated, zealous inquirers after medical knowledge."

Each succeeding year more people resort to hospitals and dispensaries for treatment. Forty years ago the number of hospital beds in our cities was very small in proportion to the population; and the demand for such accommodation was also small. People did not go to hospitals if they could help it. The war of 1861-65, and the great influx of immigrants have produced many changes in the popular attitude. Since the close of the war, the formation of training schools for nurses has been an additional means of interesting the public in the work of hospitals, and of keeping it informed as to the progress made in securing the safety and comfort of the inmates. With this increase of knowledge about hospitals and their capabilities has come an increased demand upon them for accommodation.

During these years, the demand for free beds in the public wards has also greatly increased. Moreover, the increase in free dispensary work, or out-patient relief as it is sometimes called, has been even greater than that in free hospital beds, or in-patient relief, in our large cities, and the number of people who are not paupers who apply to these dispensaries for free treatment, although they are able to pay reasonable fees if required to do so, is becoming so large as to constitute a serious problem in hospital and dispensary management in the United States.

For such reasons, and in these and other directions, the scope of hospital work has been extended with really notable rapidity in this generation. Is it not important that we should bear these facts and tendencies in mind? They are calculated to awaken some serious thinking in relation to the future of our hospital development. Mr. Havelock Ellis, in a recent book entitled, "The Nationalization of Health," rises from a study of these conditions and submits a scheme which is little short of startling to an American who inherits a wholesome suspicion of the efforts to import paternalism into our form of government. He argues that the hospitals of the future are not to be charitable or voluntary institutions, but are all to be under national control, to be supplied from national funds, and to be free to everyone. If the plan which he outlines should ever be fully carried out, perhaps most men would come to agree with that depressing aphorism of Sir Thomas Browne, who, some two hundred and fifty years ago, said that he counted this world not an inn, but an hospital, a place not to live in but to die in. But Prof. Amos G. Warner, in his most instructive volume on "American Charities" (a very valuable handbook for every earnest worker in such fields), declares, on the other hand, that "In public institutions, the great problem of management is to keep out of politics. The evil conditions to which a great hospital may be brought by the reign of ward politics was formerly vividly illustrated in the Bellevue Hospital, New York, and now, perhaps, is not less gruesomely evidenced in the Cook County Hospital, of Chicago. At the International Congress of Charities Dr. Burdett, of London, said that the management of the institution was characterized by an absence of all conscience. He added: 'I have never seen any thing in the whole course of my experience, and I have visited hospitals in every country in the world, including Russia, which has gone so straight to my heart, which has been so appalling and awful as what I saw in my visit to the Cook County Hospital.' The officers here, be it remem-

bered, are appointed for purely political reasons, and usually change every year. And at San Francisco, it is asserted, the conditions are equally bad." No! we want no such nationalization of health. We will keep our hospitals under the control of just such devoted benefactors as your own free-serving Trustees and too often unthanked Lady Managers.

And this, not merely because it has been proven that there is thus secured wiser and more humane and altogether better supervision, but also because we are profoundly convinced that charity by law, instead of charity by love, is always incalculably hurtful to the interests of true benevolence. It needs no argument to establish the fact that hospitals supported by voluntary contributions confer quite as much benefit upon those who contribute the funds as upon those who are treated in them. And you and I will have nothing but unsparing condemnation for any proposition which threatens to deprive us of the natural and cherished privilege to spend and be spent in such loving ministrations to our fellowmen.

But, good friends, there are also other and quite different trains of thought started by an acquaintance with the widely-expanded functions of the modern hospital. For instance, what an immense aggregate of applied force is represented in the successful operation of such a many-sided institution! What philanthropy, what wisdom, what knowledge, what skill, what patience, what toil, what open-handed liberality, what zeal and devotion and enthusiasm! What a host of people, fired by harmonious purposes, have conspired in the production of even the least noticed by-product of a single year's large total. The men and women (some long since passed from earth) who supplied the means, the brown-knitted trustees, the ever responsive managers, the vigorous Stem and the many well-laden Twigs, the skilled medical directors, and the toilsome, anxious zealots within the walls. Like the huge mercantile and manufacturing concerns, it lays exacting tribute upon unnumbered laborers; yet unlike them in this, their labor is not for greedy gain, but done for sweet pity's sake; induced by no hard-driven bargain, but as tender, sympathizing brothers and sisters, uncomplainingly, unstintedly, joyously performing their related offices of love. Ministering angels, one and all.

The very department from which you of this promising class of Trained Nurses so auspiciously issue to-night, is debtor to the countless company of free-handed donors and warm-hearted co-operators. And my penetration has sadly failed me if I say not the truth when I declare that your voices are ready to swell in an unbroken chorus of deep appreciation and grateful praise for the bounteous provision of opportunities and helps which have enabled you to reach the enviable pinnacle of proficiency upon which you proudly stand to-day. If I divine aright the purpose of an address on these occasions, it is not merely nor chiefly that someone should speak sapiently to you who are about to receive the merited diploma; but as well to speak for you to those who have so carefully trained you. Since the programme no longer includes the reading of papers by members of the graduating class, there is all the more reason for me to assume the role of valedictorian, and express for you all genuine sentiments of gratitude to those who have so freely contributed to your successful progress. In the name, then, of this class of 1896, I turn to you, Messrs. Trustees, Mesdames Managers, Sir Doctors and Trainers, one and all, and make heartfelt acknowledgments. Decorously, but none the less feelingly, as ye walk forth from the Training School into the self dependent sphere

of the busy nurse, you pause and salute your Alma Mater, and pledge long-lived loyalty to the Rochester City Hospital.

And now, my friends, there are some thoughts which face the other way. We have been considering what the hospital has done for the trained nurses; but there has been a reciprocity in the business, the trained nurse has already done much, and is about to do even more, for the hospital and the sick everywhere. In the few minutes longer which I shall occupy, there is not time to indulge in the congenial task of enumerating the many charming traits of the nurse; nor, had I hours at my disposal, could I adequately depict all that she is skillfully and sweetly doing to transform the sick room and ward. I wish the rather to present the cheerful subject to you in its larger and general aspect. The multiplication of trained attendants, women of tender sympathies and gentle touch and noiseless step, inspired with lofty ideals, eager not for the well-earned weekly wage, but more for the joy of soothing some suffering sister or brother, the circulation of such, too, as district and visiting nurses, has had much to do with making the hospital more than a merely tolerable resort, and in seizing scores of the dying on the brink of the grave and bringing them back to life. There is a profound principle in human nature which every humanitarian endeavor must reckon with, or it will fall short of success. There is a need of the human heart which every benevolent enterprise must meet and satisfy or it cannot attain its full desire. It is because, in the supplying of trained nurses, hospitals have reckoned with this principle, that they have accomplished so much better results. The trained nurse measurably satisfies this human need; and, in so far as she does so, she revolutionizes the institution, and incalculably enhances its value. The principle is, briefly, this, that the most potent medicine in any human ailment is human sympathy.

No one can study the history of recent philanthropic effort in its manifold outgoings without being impressed with the part that personality is playing in the solution of all social problems. The discovery has been made that man is spirit; that spirit can be acted upon only by spirit; and that influence must be exerted at short range. The degree of permanent success which any recent movement has achieved can be measured by the amount of personal force that has been expended in its operations. Life to life, heart to heart, soul to soul contact is the condition of genuine success. The richer the personality the larger will be the result. In an age when socialistic tendencies are apparent on every side, this unconscious tribute to the power of the individual is most significant. Society is not to be regenerated by plans, programmes, schemes, machines nor institutions; but its redemption is coming along the lines of the Divine initiative, through the life-service, the heart devotion of individuals. Along all the lines of philanthropic and social effort men and women are realizing that they must give themselves, if they are to contribute that which has genuine and indisputable value. Now our institutional charities meet with such limited success in attaining their exalted aims, for the simple reason that in the nature of the case they cannot make free room for the exercise of this personal sympathy and individual influence. Shall it not then be our resolve to infuse more and more of this invaluable ingredient into the operations of these institutions; and yet further, to go oftener and more often beyond the institution's walls and let hand reach hand—heart touch heart—in the very homes of those in need! So, I repeat, it is because I be-

lieve that you good women and your many sisters are doing just this, that I delight to consider you as amongst the most useful and noblest members of the community, certainly as amongst the most helpful and blessed assistants in the hospital.

Some fifteen years ago, one who had long been a zealous patron of hospitals, and who is still intimately connected with the management of more than one, whose prejudices, therefore, would certainly not be against them, wrote the following: "There is a fact which no one cares much to dilate upon, but which is easily demonstrable from most abundant evidence. It is a fact which so contravenes all our accepted methods of serving the sick poor that it is not surprising that we are unprepared to admit it, and reluctant to talk about it. But it is a fact, which it is idle to deny, and almost criminal to ignore. It is this: That a careful comparison of statistics of great hospitals in great cities in both hemispheres, with the statistics of mortality in tenement houses, in those same cities, is not, on the whole, favorable as arguing increased chances of recovery from hospital treatment. In other words, people do not get well more rapidly, more certainly, or in a larger proportion, whether treated for ailments or for accidents, when they are treated in a hospital, than they do when they are treated in very inferior homes." And the reason for this is not far to seek. The most potent medicine in any human ailment is human sympathy; and that medicine is not for sale by apothecaries. Explain it how we will, there is something in the most bungling ministries of the meanest home which, in struggling with disease or facing suffering, is calculated to give a sick man heart. He is in an atmosphere in which he is not a mere patient, with only a number to distinguish him and a ticket to describe him. His home does not sacrifice his personality, and the physician who comes to him is some one who, more probably than otherwise, is at once intimate in his dwelling, and confided in by his household. He has not come primarily to study him as a scientific illustration, incidentally to prescribe for his disease. Those about him are not hired strangers, but his own flesh and blood. They may be a very 'poor lot' (as a tramp once described his wretched wife and wolf-like children), but, in his expressive phrase, they are 'kith and kin.' If anybody on earth has an interest in his recovery, they have. And therein lies a more potent spell to heal disease than any medicine that science can devise or utmost skill administer. In the vast majority of cases the great thing with one who is ill is to put not merely strength into the wasted frame, but courage into the despondent heart. Is it necessary to say that no machinery can do that—nothing save the mighty ministry of love, however ignoble its signs or lowly its instruments?

These words, remember, were penned fifteen years ago; they are not altogether obsolete even to-day, and yet I remind you that a wonderful change has been wrought in the interval. Personal sympathy and attention are now freely dispensed both in hospitals and in the homes of the sick poor. It is the trained nurse in the ward and in her district visiting who is supplying this life-saving stimulant. And we, her grateful and admiring friends, have confidence that she is going to perform this, the noblest part of her brave mission, more and more widely.

Not many weeks ago there was an incident reported in one of the daily papers. The story ran as follows:

"Hospital rules are rigid affairs and not to be infringed, but Barnett Friedlander succeeded in getting past the Bellevue Hospital rules on

Wednesday night, and perhaps saved his wife's life by so doing. When Mrs. Friedlander's time was close at hand the neighbors advised Friedlander to take her to the hospital. He wanted their first child born at home in the comfortable rooms at 38 Montgomery street, but the neighbors pointed out to him that mother and child would both have better care at Gouverneur Hospital, so he consented to have her taken there, particularly as she urged it. Times had been bad with them and there was none too much money to pay for the ordinary necessities of life.

"Every day Friedlander called at Gouverneur Hospital, morning, afternoon, and evening, and when a daughter was born his joy was such that it couldn't be contained within the four walls of the building, and he had to go out and cavort in the big open space around the hospital. But bad news followed. The dreaded fever set in and little Mrs. Friedlander was very ill. Once when her husband called to see her she didn't know him, and that almost broke his heart. Instead of making frequent visits to the hospital, he spent all his time there, pacing up and down outside the door or sitting in a corner of the hallway, questioning, with mute appeal in his eyes, every doctor that came out of the ward where his wife lay. The doctor would shake his head or pat Friedlander on the shoulder and say:

"Cheer up, my friend; we may pull her through yet."

"Then Friedlander would shut his teeth on a sob and go back to his corner until the hospital closed for the night. Little enough of good cheer came to him. The little wife was no more than holding her own against the poison that was working in her system. On Wednesday evening they decided to move her to Bellevue Hospital. Friedlander went up to see her at 8 o'clock, just before the ambulance came.

"Don't be afraid," she said, with a weakness in her voice that struck him white. "You can see me after I get there."

"But she did not know, nor did he, that at Bellevue, where nobody knew him, it would not be so easy for him to get news of his wife constantly as it had been at Gouverneur, where his quiet faithfulness and devotion had touched the doctors and made them his friends. In some way he got the idea that the ride from hospital to hospital was going to prove fatal to his wife. For two hours that night he wandered the streets in torment. Then he went to Bellevue.

"I want to see my wife," said he to Capt. McHale. "She's here very sick."

"You look done up yourself," said McHale, noting the man's face drawn with fear and his eyes bloodshot with tears, "but you can't see any patient at this time. It's 10 o'clock."

"I've got to see her before she dies," said the visitor, with quiet intensity. "They brought her up in the ambulance to-night from the Gouverneur."

"That's a bad case," said McHale, shaking his head; "I heard the doctor speaking of it. It would be against all rules to let you up there."

"For answer Friedlander dropped on his knees and raised his hands to the captain.

"I've never knelt to living man before," he said. "For the love of God, take me to her."

"O Lord!" said McHale, "I can't stand this. You wait here, and I'll see," and muttering something in which the rules were combined with a profane ejaculation, he hurried up to the women's ward. In two minutes he was back.

"Come up," he said. "I'll get called down for this, but I don't care. Go quiet now. She's been asking for you."

Friedlander followed his guide to the ward. McHale pointed out the cot, and the man reached

it in three noiseless steps and knelt beside it. There was a little weak cry of joy, and Friedlander put his head down on the pillow. A white arm was lifted and went around his shoulder. McHale stood in the doorway struggling with a cough that might have indicated incipient consumption, or might have been something else, while a man could have counted several thousand. Then he whispered to Friedlander. Very gently the visitor lifted the arm from his neck and stole away. His wife was asleep. She slept the night through. In the office below Friedlander tried to say something to Capt. McHale but didn't succeed first rate, and McHale made an attempt to tell Friedlander that there was a fighting chance yet, but got mixed up on it because of another consumptive fit. In the morning the doctor in charge of the ward came down and said:

"Queer thing about that Gouverneur case. Looked bad last night, but she went to sleep like a lamb all of a sudden; and now I guess she'll pull through."

Yes, the most potent medicine in any human ailment is human sympathy. And the chief glory of the really promiseful, benevolent enterprises of to-day is simply this, that this divine principle is more clearly discerned and increasingly utilized. I am sure that I am not mistaken, in assuming that in the hearts of you young ladies there is an inspiration and an impulse to so apply your acquired knowledge, and so perform your skillful offices, as to convey this, the veritable elixir of life. That is the crowning beauty of your vocation.

In the bewildering multitude of attractions at the World's Columbian Exposition, held three years ago in Chicago, was the International Congress of Charities, Correction and Philanthropy. It included a sub-section on Nurses and Training of Nurses. Sessions were held continuously for five days, earnest men and women listening the while to papers by the world's most competent leaders in this great field of endeavor. The mass of information presented was immense; it makes a large volume of some seven hundred pages. I have been reading it with the intensest interest, and I believe I have gained a broader conception of the scope and possibilities of your calling. There is a fine old story told in our brilliantly edited and wonderfully advertised Woman's Edition to-day; how that the verger of St. Mary's, Oxford, on being congratulated by his rector for his constant attendance to duty, said: "I have heard every sermon that has been preached from this pulpit for fifty years, and, thank God, I am a Christian still." Now, I have been reading the essays delivered at that Congress, and I am a believer in Trained Nurses still. Some of the statements which specially arrest attention may perhaps serve as the most suggestive and acceptable conclusion to what I have tried to say here.

"The main difficulties encountered by nurses are not to be found in mere manual duties, but in meeting the demands upon character and inner life."

"In comparison with service in hospitals, private or district nursing makes higher demands upon the whole personality and upon the entire store of technical and theoretical knowledge."

"Experience shows that nursing is not a real life-work, or but rarely so, when the nurse remains dependent upon herself."

"The trained nurse needs connection with some Alumnae Association, which will offer her a firm support and encouragement, and become as well a continued source of culture and improvement."

"The development of district nursing on the one hand, and the prices charged by successful

trained nurses to private patients on the other hand, have led to the remark that no one can afford to have a trained nurse except a millionaire or a pauper."

"The death rate among all classes of nurses is very high. It should be seen to that strong, capable women are not killed off gratuitously by overwork which is avoidable. The conditions of their lives must be as health-giving and as health-preserving as possible. They must have opportunities for recruiting their strength, and so of preserving their usefulness."

"There are several clubs and associations for nurses, among which is the Guild of St. Barnabas, the object of which is 'to assist its members in realizing the greatness of their calling and in maintaining a high standard of Christian life and work.'"

And this last quotation leads easily up to the expression of a somewhat kindred thought of my own. If what has been said to you here this evening has, even in the humblest way, proved welcome, then, I am sure, you will not take it amiss if I make so bold as to approach you with a personal request: In your attendance at the sick-bed keep clearly in mind the fact that after all the body of the patient is but the tenement house of the soul, and that the garnishing of a mere sepulchre can never prove a satisfactory occupation. It is well enough to mend and adorn the mansion, if only you are sure that the family within value the repairs. Be careful, then, *not* to so erect your scaffolding and dispose your implements as to obstruct the doorway and hinder the entrance of him whose business it is to make the inmates worthier. Remember the pastor! Facilitate his approach. "Is any sick among you let him call for the elders of the church, and let them pray over him, and the prayer of faith shall save the sick and the Lord shall raise him up."

That heroic pioneer amongst nurses, Florence Nightingale, whose genius and example it was that set in motion the system of caring for the sick which has brought light and comfort into more dark places than perhaps any other movement of the century, says:

"We are only on the threshold of nursing. In the future, which I shall not see for I am old, may a better way be opened. May the methods by which every sick person will have the best chance of recovery be learned and practiced. We find a trace of nursing here, another there; we find nothing like a nation, or race, or class, who know how to provide the elementary conditions demanded for the recovery of their sick, whose mothers know how to bring up their infants for health. May we hope that when we are all dead and gone, leaders will arise who have been personally experienced in the hard, practical work, the difficulties and the joys of organizing nursing reforms, and who will lead far beyond anything we have done. May we hope that every nurse will be an atom in the hierarchy of the ministers of the Highest! High hopes—which will not be deceived!"

After a solo by Mr. White, Dr. Little addressed the graduating class and presented the diplomas. Miss Freeland then favored the audience with a song and the exercises were brought to a close by the Benediction.

DR. LITTLE'S ADDRESS.

A year ago, a happy thought to a lazy mind induced me to give to the graduating class some "hash," which Webster defines as "a new mixture of old matter." It was wholesome. If it was disagreeable or "disagreed," they uttered no protest. Anyhow, whether because of it, or in

spite of it, they still live, and thrive, and nurse as if life depended on it; and so it does.

So I am emboldened in repeating the experiment. Your duties as nurse are three-fold, viz., your duty to yourself, to your physician and to your patient. Your duty to yourself requires things to promote your own health and happiness that do not conflict with the rights of the physician, or the well-being of the patient. To this end you may demand a liberal supply of good food, rest and recreation, and are entitled to fair wages for good work. Your duty to your physician may be summarized in one word, "obedience." Hear his directions and heed them. Let no misconceptions of your own lead you out of the line of his orders. Your duty is to the physician under whom you happen to serve and not to some other half dozen who have taught you their ways in the hospital. It will be no matter of surprise if you should run across doctors outside quite as wise as your teachers here.

But your duties to yourself and to the attending physician are secondary and subservient to your duties to your patient. Your obligations to self and physician are only that you may better serve your charge. Your health and strength, and the doctor's counsels, converge for resultant good to the sick. Your best thoughts, your wisest efforts, your most faithful rendering of the physician's directions belong to your employer. First, because you are paid for it; and secondly because the dictates of humanity demand it. So honesty and honor alike and together call on you to do your whole duty to all concerned. Have you ever paused to ponder your responsibility? Have you thought what it means to wait on the sick? Yonder on the confines of the dark river lies a helpless fellow being; a body racked with pain and utter weariness; a soul full of sorrow and fearful foreboding; inured to such scenes, have you lost sympathy? Stop and think that where that sufferer is, you one day will be. You may shut your eyes, but cannot so retard your steps tending swiftly thither. "A fellow feeling should make you wondrous kind." Only thus will you get to know how much rests upon you and be impelled to give your best work of hand, head and heart. How to palliate pain, how to assuage sorrow, to cheer the despondent, to help the hopeless, to make a little softer the hard bed of sickness, even to avert death! These are the problems that you will study with an earnestness by sympathy bred. Human comfort, human safety, human life! These are the objective points of your life campaign.

It may not be amiss to give you a few hints as to your conduct in the sick room. First. Be quiet, quiet in movement, in conversation, in dress. Avoid quick motions and clattering steps, but don't go to the other extreme, moving around like spectres or tip-toeing like an undertaker. Either will work hurt to a nervous patient. In conversing avoid alike loud speaking and whispers, but talk in the low modulated tone that is the cultured woman's highest charm. Few patients like a strident voice. All of them abominate the funeral whisper. As to quietness in dress, for obvious reasons I may not dwell on that. Your instincts, if you are true women, will lead you to don the becoming in the sick room and look the sweet "sisters of charity" that you are.

Why dwell on these things? Ask yourselves why is the patient in bed? He is there for quiet and it should be your aim not to disturb it. You hear a good deal said about "Rest Cure." Let me tell you here and now, rest lies at the basis of all cures. It is the one principle (this rest) that informs all treatments of all diseases. There can

he no cure without rest. Is the patient nervous? Then rest for the special senses that are the avenues from a restless world to a weary brain. Is he feverish? Then rest for the tossing body and laboring heart. Is a bone broken? Then enforced rest to the jagged fragments that tease mangled muscles and torture irritable nerves. Everywhere and at all times the ill and injured wait forth the cry, "Give us a rest." Alas, how far short of this blissful rest they get at the best. To minimize this restlessness is your aim. Nothing but recovery or death can abolish it.

As a general rule then I say again, avoid noisiness and noiselessness; avoid glaring light and funeral gloom; avoid extremes of heat and cold; banish odors, strong or faint. The noise, the light, the heat, the strong odors exasperate, and their opposites depress the patient. In each case study the habits and usual environment of your patient. Ordinarily, wonted noises and familiar scenes do him no harm. On the other hand, their sudden suppression or cessation will often be hurtful. When one is "at sea" the rumble and jar of the revolving screw comes at night to be his lullaby. Let the engines suddenly stop and every passenger wakens, fearful of calamity. I saw soldiers lying asleep under the roar of a hundred cannon at Fredericksburg. There came a sudden lull, and every sleeper sprang instinctively to his feet and to arms. The war dogs had ceased their baying and the soldier scented danger.

So with a patient; from noise to hush, from light to darkness, is a startling transition. Darkness and silence are too suggestive of the tomb to be altogether agreeable to one who is struggling to get away from that lonely habitation. As corollaries to a quiet demeanor to help a patient toward restfulness, come cheerfulness, patience, even temper, and firmness with gentleness.

"What cheer?" is a favorite watchword with the storm-tossed mariner. "What cheer?" asks the fever-tossed patient of you—who stand at the wheel of his destiny—not in words, but in questioning gaze. Be sure he watches you with anxious scrutiny. A cheerful countenance and a confident bearing should be the reassuring answer.

Next come patience and an even temper. Early in the history of this training school I was bold enough to ask a candidate for graduation if she had a "temper." Her reddening cheeks and flashing eyes gave quick answer. Later I saw a "battle royal" between this girl and a willful patient—result, nurse went home and patient was near going to heaven! Think of it. Is it a fair fight? The patient bedridden, weak, irritable and despondent, and you well and strong in the vigor of early womanhood! Many patients, it may be said most of them, are querulous, and you at the bedside must bear the brunt of the breeze.

How often one hears the term "complaint" used as a synonym of disease. Such an one has such a complaint. The origin of the term is apparent, for the sick will complain, and his complaints are not confined to his own sufferings, but vent themselves also on his attendants. You must preserve your equanimity. Do not be disturbed by outbursts of fretfulness or "temper." Look on such eruptions as symptoms of disease and belonging to it just as much as heightened heat and quickened pulse. But often the patient is not alone in fault-finding and criticism. His immediate family and officious friends may intermeddle and rouse your ire. Still be patient. You cannot ignore a patient's family. Try to make yourself agreeable in the household. You will lose nothing in self-respect, and you will thereby surely be helpful toward restfulness for the sick

one. Harmony is restful; discord is distressful. Go a step further and make yourself useful in other than narrow professional ways. It will often happen, especially in chronic cases, that you will find "time on your hands" (time that is paid for and belongs to your employer) when your skilled work is not required.

Suppose, for instance, that you are attending the mother of a family. Don't you know how she is chafing under the thought that the wonted work of her head and hands (now in enforced stillness) is accumulating unwrought? I tell you, this thing alone "plays the mischief" with her nerves. Many a night vigil, many a fretful day can be charged up to this cause. The croon of your soft lullaby to her crying babe, or the flash of her mending needle in your nimble hand, better than opiates or the coin of the hypnotist, will soothe her into "Nature's sweet restorer, balmy sleep."

"She is a treasure," said a matron of her nurse. "How so?" "Why, do you know of her own accord she darned all the stockings of the family, and didn't need any waiting on?" She thought this high praise—and she was right.

The anxious mother saw her work going on and care turned to rest, the family saw the nurse self-helpful, and were glad, and so was established the truth of the saying "They also serve who stand and wait."

You who wait on your patients, you, who wait on the family, you, who wait on yourselves, are doing high service. Finally, added to cheerfulness and patience, comes firmness. You must be cheerful to encourage your invalid; patient to mollify him and firm to gain his confidence. Like a petted and spoiled child, an over-indulged patient becomes a tyrant to his own hurt and comes to look on his too-complaisant nurse as a "weak sister." You must be "masters of the situation" by authority delegated to you from the doctor. It is unnecessary and disastrous to show this by open conflict. With a quiet but firm manner, go about your work in a business-like way. "Quid vult valde vult" was said of the great Roman leader; "What she wills she strongly wills" applies to the efficient nurse. Lead your patient by your stronger will to do your will. This is to be a leader; a higher and nobler thing than to be a fighter. Fighters are common enough, leaders are rare. Attraction is better than propulsion. People don't object to being drawn to accept another's views. None like being pushed into them. A shove is a thing to be resented. When you are installed in the sick room you are said to have the "conduct of the case," and this word conduct means literally "lead with you." Look it up in Webster's Dictionary, and see how aptly and happily it expresses, in all its several definitions, the relations of a nurse to her charge.

Chauncey Depew said of his earlier speeches, that "they were all frills and no shirt." What has here been given is free from oratorical frills; but it is hoped that these condensed counsels, though clothed in worn and homely garb, may be helpful hereafter in the career you now begin.

Thanks and acknowledgments are due to Mr. William B. Burke, for acting as marshal to the nurses, and to Mr. C. A. Vickery, Mr. R. A. Badger, and Mr. F. A. Harned who acted as ushers; to the Central Church for the use of its Auditorium; to Mr. W. M. Rebasz, Jr., for his beautiful work in inscribing the nurses' diplomas; to Prof. Leach and his able assistants, and to all friends who in any way contributed to the success of the graduating exercises, and the pleasure of the occasion.

An Evening Entertainment.

Owing to limited space in the Hospital building, it has been found impossible for graduating classes to hold receptions or to indulge in any festivity of the sort which we all associate with Commencement seasons. The nurses' parlor is a charming room and well adapted for their daily use as such, but entirely inadequate for any large gathering, and until that long-cherished dream, a separate house for the nurses, shall become something more than a dream, it is probable that there never will be any place suitable for such purposes in the Hospital itself. The managers recognized the importance of giving the nurses an opportunity for a "good time," once a year at least, if not oftener, but how could it be arranged?

While studying this problem, some bright mind evolved the happy idea of taking Beque's rooms on East avenue, and inviting the nurses and their friends to enjoy a social hour or two on Friday evening, March 27th.

Certain of the managers and staff consulted; the idea was adopted. Busy brains planned, and busy feet flew. Rooms, supper, music, even street cars were engaged, invitations sent out, and at the appointed time a merry party assembled in the handsome ball rooms, where from eight until eleven o'clock, dancing occupied the attention of all the company, after which a light supper was served in the dining room, where seventy guests were seated at small tables, each arranged for four or six persons.

Thanks to the kindness of Mr. J. W. Hicks, Superintendent of the Street Railway Company, cars were in waiting at the Hospital gate to carry the nurses almost to their destination, and were again awaiting them at midnight for the return trip, "after the ball."

The whole affair was unanimously voted a complete success, and doubtless many a hope was indulged, that this was an innovation *not* "for the night only," but that future graduating classes may be given the opportunity for enjoying themselves with their friends in a similar manner.

The nurses desire particularly to thank the Managers and Members of the Staff, for the delightful evening entertainment, so successfully planned, and so agreeably carried out, on the evening of March 27th.

It will interest our readers to know that the pathetic little newspaper "story" quoted by the Rev. Mr. Washburn in his address to the nurses, is from the pen of Mr. Samuel H. Adams formerly of Rochester, now connected with the *New York Sun*.

Hospital Notes.

Several of the city churches sent gifts of beautiful flowers to the Hospital on Easter Monday. These were distributed through the wards, and greatly enjoyed by the patients.

The "Cheerful Workers," of Pittsford, have sent for the Children's Pavilion, a most acceptable gift of scrap-books, pictures, and a beautiful screen made of brightly-colored pictures pasted on cotton cloth. One can imagine the delight of the little ones who are permitted to gaze upon its glories, and if the generous young donors will visit the Hospital, they may see for themselves how truly their gifts are appreciated.

Miss Sophia F. Palmer, formerly of Washington, D. C., has been appointed Superintendent of the Hospital.

The following note has been received by the Treasurer:

ROCHESTER, April 4, 1896.

Mrs. Wm. H. Perkins, Treasurer Rochester City Hospital:

The "C. C. Society," of Grove Place, send the enclosed \$6 as an Easter gift to the Cripple Fund.

Edith Hale, Elsie Waters, Bessie Hale, Emma Ward, Sherman Ward, Edward Ward, Herbert Ward, Marie Ward, Mabel Webb, Merritt Ward and Marjorie Ward.

Mandolin Concert.

Every one who heard the concert given by the Rochester Mandolin Orchestra, at the Hospital on Monday, March 30th, is enthusiastic in praising the charming music, and the kindness of the Club in contributing so much to the pleasure of the patients. The doors leading to the wards were opened, to enable those within to enjoy the selections, and the convalescent patients came into the middle hall

where the concert took place, in order to hear as much of it as possible. Miss Ivy Widdowson assisted the Club by singing.

Treasurer's Report

CASH DONATIONS.

Additional from Brick Church table.....	\$ 1 00
Additional from Columbian Twig	80
Cash returned from bills.....	4 78

MEMORIAL FUND.

In memory of Miss Clarisse Jeffry, by Miss Agnes Jeffry	10 00
In memory of Miss Clarisse Jeffry	25 00
Miss Thompson, Ballston Spa.....	100 00
Easter offering in loving memory of Lois Olive Quinby, by Ruth Quinby.....	25 00

ENDOWMENT FUND FOR CRIPPLED CHILDREN.

An Easter offering from the "C. C. Society" of Grove Place.....	6 00
Cash.....	92
Previously acknowledged	2,500 00

Total \$2,506 92

CASH RECEIVED FROM MITE BOXES.

No. 98.....	12 36
No. 100.....	13 10
No. 281.....	11 00

Total \$36 46

MRS. W. H. PERKINS, *Treasurer.*

MRS. H. G. DANFORTH, *Asst. Treasurer.*

Hospital Report.

MARCH, 1896.

Number in Hospital March 1.....	79
Births.....	1
Admitted during March.....	86
	166
Discharged during March.....	82
Deaths.....	8
Number in Hospital April 1.....	76
	166

DIED AT THE ROCHESTER CITY HOSPITAL.

March 4—Ferdinand E. Mayer, age 38 years	
" 4—Mrs. Lena Bendtt.....	47 "
" 12—Levi Siegfried.....	55 "
" 15—Mrs. Charles Siebenpfeiffer.....	62 "
" 21—Watkins E. Scott.....	15 "
" 22—Mrs. John Knapp.....	26 "
" 23—Mrs. Ashley Fountain.....	57 "
" 23—Julius Levi.....	7 m'ths

Report of Surgical Pavilion.

BY B. ROSS NAIRN, House Surgeon.

Number of operations during March, 1896.....	35
" " patients.....	31
" " operators.....	17

Training School Report, March, '96.

Application for circulars.....	18
Number having completed two years.....	3
Candidates received on probation.....	3
Visits made by district nurse.....	58

March Donations.

Mrs. W. J. Averell, Ogdensburg, N. Y., box of children's second-hand clothing.

Miss Charlotte Piffard, canvas picture book.

Mr. E. R. Willard, magazines.

Mrs. H. G. Danforth, old linen and magazines.

Dr. Henckell, colored picture cards for Children's Pavilion.

Mrs. Max Lowenthal, box of flowers.

Mrs. Wm. E. Hoyt, paper theater for Children's Pavilion.

—, 1 towel, 1 pillow case; donors name not given.

A Friend, old linen.

R. A. Sibley, book-case for nurses' parlor.

Dr. Henckell, picture cards for Children's Pavilion.

Miss L. Cope, cotton.

Friend, 1 pair men's rubbers.

Mrs. H. C. Gorton, flowers for Children's and Women's wards.

Dr. Henckell, illustrated papers and colored pictures.

Allen Cuming, paper dolls for Children's Pavilion.

Mrs. H. G. Danforth, old linen.

In Memory of Mrs. Jennie Gould Hamm, flowers.

"Cheerful Workers," Pittsford, N. Y., picture screen, scrap book and pictures.

Parent Stem, 1 nightgown, 6 night shirts, 14 pillow cases.

First Twig, 3 nightshirts, 8 napkins.

Second Twig, 1 dress, 21 sheets, 2 flannel skirts.

Hemlock Twig, 6 sheets, 4 pillow cases.

Morning Twig, 6 large nightdresses, 10 pillow cases.

Properly Bent Twig, 3 pictures for "Caroline Bed," 16 napkins.

Chips, 7 surgical towels.

Receipts for the Review.

MARCH, 1896.

Mrs. E. R. Andrews, 65c; Mrs. E. B. Angel, 65c; Mrs. J. Castleman, 65c; Mrs. W. N. Emerson, 65c; Mrs. C. E. Furman, 65c; Mrs. John Keener, 65c; Mrs. A. Mandeville, 65c; Mrs. H. S. Mackie, 65c; Mrs. Susan Newell, 65c; Mr. G. W. Ross-Lewin, 65c; Mrs. H. W. Sibley, 65c; Mrs. Simon Stern, 65c; Mrs. George Taylor, 65c; Mrs. James Upton, 65c; Mrs. Q. Van Voorhis, 65c; Mrs. D. W. Wright, 65c; Mrs. Alfred Wright, 65c; Mrs. G. D. Williams, \$1.30; Mrs. J. S. Watson, 65c; Miss Culver, 65c; Mrs. A. E. Crabbe, 65c; Miss C. Carpenter, 65c; Mrs. R. K. Dryer, 65c; Mrs. J. H. Fisher, 65c; Mrs. P. M. French, 65c; Mrs. J. H. Grant, 65c; Mrs. W. H. Gorsline,

65c; Mrs. A. M. Lindsay, \$1.30; Mrs. W. L. Mercer, 65c; Mrs. E. W. Osborn, 65c; Mrs. Thos. Oliver, 65c; Mrs. Edw. Prizer, 65c; Rev. J. S. Root, 65c. By Miss Messenger.....\$22 76
Miss May, Leicester, Mass., 50c; Mr. W. L. Hill, St. Louis, 50c; Mrs. G. A. Furness, Salem, 50c; Mrs. W. J. Averill, Ogdensburg, \$1; Mrs. E. G. Blossom, Brighton, 50c; Daniel Leary, adv., \$10; Dwight Palmer, adv., \$5; Mrs. Arthur Robinson, 65c; E. S. Ettenheimer, adv., \$5; W. T. Fox & Co., adv., \$5; Howe & Rogers, adv., \$5; James Johnson, adv., \$5; Samuel Sloan, adv., \$5; S. B. Stuart & Co., adv., \$5; Geo. R. Fuller, adv., \$10; Mrs. Sidney Van Aken, Oswego, 50c. By Treasurer.....\$59 15

LYDIA RUMSEY, *Treasurer.*

Extracts From Essays of the Graduating Class.

"Why do we become nurses?" is a question daily asked by friends, relatives or patients. Some people have an idea that a girl who enters a hospital with the intention of becoming a nurse, does so because of an unhappy home life, a disappointment in love, or an inability to be or do anything else. A patient once asked if the nurses in the hospital were orphans who, not having homes, were adopted and allowed to grow up and care for the patients. There is, perhaps, no other calling the motive of which is so much questioned.

In choosing a life work, a woman naturally selects the work that she thinks herself best adapted to. Each one of us is conscious of a latent power which needs for its development some controlling motive, and having chosen the work carefully, all efforts must be concentrated in the one direction. A nurse's life is not as idealistic as may be imagined by those not actually engaged in the work, nor her own ideas the same after she has walked the wards of a hospital a few months. Before entering the hospital she has a vague idea, which is very pretty but not practical. She will be a ministering angel flitting about amid scenes of pain and suffering, bathing the fevered brows, willingly expending all sympathy and energy in the cause, never knowing fatigue. But soon she has a rude awakening, her training has robbed her of all flowery sentiment. She begins to realize that the life she has chosen means hard, practical work, nights and days of anxious care, a daily battle fought with self and its demands; self-repression becomes a duty, and self-forgetfulness a habit. When the long hours of duty are over who, more than we, can enjoy the rest that comes after righteous labor, and agree heartily with the man who said:

"God bless the man who invented sleep,
So Panza said, and so say I.
And bless him also that he didn't keep,
His great discovery to himself nor try
To make it as the lucky fellow might
A close monopoly by patent right."

In contrast to all this, the work has its pleasant side, and we begin to feel that the ideal we once had, has not been entirely shattered. Those who have watched the sands of life almost run out and then by unceasing care have, perhaps, been able to aid in the wonderful recovery, will agree with me that few joys surpass that of seeing that life return to health and strength. As George Eliot so

beautifully expresses it: "As we bend over the sick bed, all the forces of our nature rush toward the channels of pity, of patience, and of love, and sweep down the miserable choking drifts of our quarrels, our debates, our would-be wisdom, and our clamorous, selfish desires."

And now the time has come to say "farewell" to our classmates and all those associated with us in our two years' daily routine, and we lay down our work regretfully for the next class to carry on. We have made lasting friendships, our common interests binding us together, and, as we separate, each one to go her way, the memory of the pleasures which, as we look back, far exceed the trials, will remain with us through life.

How changed the sick room is now, under the care of a trained and skilled nurse from one of our modern and model schools! She is always present when needed, and never in evidence when not. She understands what the patient needs better than he does himself, and anticipates every want. She knows how to promote the comfort of the patient, when to smooth the aching brow and to speak the cheery word. Intuition teaches his wishes and she meets them in the quickest manner, though she never seems in a hurry. Her voice is soft and low, and she never whispers outside the door, when the patient may hear. She does not tell how tired she is, but is always cheerful and thoughtful of her patient's comfort in many ways of which he never dreams. Such a nurse is, like the poet, born not made; yet there is much careful training and practical experience necessary to make her perfect, and this is to be got in the hospital, under the supervision of competent and conscientious instructors who train hands, heads, and hearts to work, hearts, I say, because if we bring no heart to our work, all training of hands and heads is imperfect. It is the heart training that enables us to put ourselves in our patient's place, and in no other way can the necessary sympathy be aroused.

"I should like to correct a belief which obtains among some of our friends that the 'black band' is only given to the deserving nurses, or as a mark of merit. Such is not the fact. It simply serves to distinguish a nurse in charge of a department from those who are working with her, and who look to her for instruction in that department, and as there are not a sufficient number of places in the hospital to make every pupil a head nurse, some are obliged to go without the band, and in many cases those who have not received it are more competent than those who have."

[These statements need modification. The "black band" is given as a mark of merit to those who are thought competent to take charge of a department, and to instruct the younger nurses who may be assigned to duty under them. It is true, however, that as the number of departments is limited, every deserving pupil cannot be given the position of head nurse, and that some therefore may not receive the band who are equally qualified with those upon whom it is conferred.—*Medicus.*]

"Never while life remains can we forget the mystic charm which holds the dear old hospital entranced; and though the time has now come to part from our benefactors and all the scenes so dear to our heart, yet we hope to be united in sweet communion, and, as we journey through the uncertain mazes of life, we shall oftentimes ponder on the good that gleaned upon our pupil days. We leave the loved shades of our *Alma Mater* with a sadness that is almost akin to pain.

Acrostic.

T-he Nurse of to-day is "Trained" they say.
H-ave we thought of the meaning the words convey—
E-'en all that we should be—all that we may ?

T-rained Nurses, of course, should always be
R-eady for every emergency ;
A-ble to quickly think and act
I-n the midst of excitement with calmness and tact.

N-ever despondent, or gloomy—but kind,
E-nergetic and cheerful, for, do we not find
D-epression with sickness oft'times combined ?

N-ever be negligent ; never let slip
U-nguarded word, from hasty lip.
R-oundness of vision" to us should belong :
S-ound Judgment, with charity, which suffereth long
E-ndurance and patience, plus nerves sound and strong.

Every woman ought to be fitting herself for some kind of work, no matter how favorable present circumstances are to a life that requires no exertion for a living. Happily, the number of employments opening to us has increased so year after year that we are no longer obliged to resort to any work not fitted to our nature.

Let no one choose nursing because it seems easy. It has much drudgery connected with it ; one's work is never done.

On what does success in the profession depend ? More than all on our love for the work ; more upon the heart than upon the hand. May our every act be womanly, our thoughts of others tender, our lives lived so that the world may be the better for them.

As time goes on we realize more that the life of a nurse is not quite that of a heroine. We find that there is more real hard work and, sometimes, more disagreeable work in it, than we imagined during our probationary term, and a good deal more hospital discipline than we had taken into account. In fact, hospital life is made up mainly of hard work and discipline. We get discipline in very large doses, p. r. n., as, when we have started out on 'half-day off' and been called back and required to go on 'special duty.' When we have again donned our cap and 'patronizing smile' (as a patient once called the nurse's smile), and have thereby missed a pleasure trip or a theater, that is *discipline*, although the nurse does not call it by that name at the time.

We realize, when we have finished our course, that the least we can do toward repaying those who have helped us so much in the work we have chosen, is to be faithful in the discharge of our duties as trained nurses and loyal to the institution from which we have graduated.

Probably no one thing plays a more important part in the daily life of a large and well-ordered hospital, like the Rochester City Hospital, than the watch that is carried by each nurse, or laid by the bedside of the patient to regulate his or her actions. From the moment the ambulance arrives at the door of the hospital and deposits its human freight, in a more or less damaged condition, to the moment the recovered patient leaves the ward with restored health and renewed vigor pulsating through his or her frame, or the cold and pallid remains of what was once a man or woman, now gone to that "undiscovered country from whose bourne no traveler returns,"

the watch is, to a very large extent, the regulating force of the patient's life. By it are governed the hours of rising, if the patient can rise ; the hours for sleeping, if the patient can sleep ; the hours for medicine, if such is to be administered ; the hours for operations, if operations are to be performed ; the hours for exercise, if exercise is to be taken ; the hours for visitors, if visitors are to be admitted. In fact, from the opening to the close of a patient's sojourn in a hospital, his or her life is almost entirely dominated and controlled by the nurse's watch, and the life of a patient may sometime depend on the correctness of the watch ; for, in some diseases, regularity and punctuality in treatment are almost as important as the treatment itself. Physicians may be ever so skillful and nurses ever so kind and attentive to their duties, but if the nurse's watch gets into the habit of gaining, or losing, five, ten or fifteen minutes, or becomes subject to attacks of indigestion and fails altogether to digest its allotted number of minutes in each hour and "stops short," even if it should not be like Grandfather's clock "never to go again," the whole system of the patient's treatment is thrown into disorder and very serious trouble might ensue. It is, therefore, of the utmost importance that a nurse's watch should be like Cæsar's wife, "above suspicion," and that like some of the celebrated race horses, while it may not be much to look at, it should be "a good 'un to go."

When I entered the hospital, I had a pretty little watch which was all I desired as far as appearances went ; but, alas ! it required to be too frequently sent to that hospital for watches, the jeweler's, and I was forced to discard it and replace it with a large, strong Columbian watch, which, although it is sometimes ridiculed by my friends and sister nurses on account of its size and lack of beauty, has reason to be proud of its position as the largest watch in the hospital, and a time-keeper which is second to none. Nevertheless, my watch has gained for me an individuality which otherwise would not have been mine, as I am frequently being distinguished from other nurses as the "nurse with the large watch ;" and occasionally, in passing through a ward, I hear such a remark as "Where is the watch going with the nurse ?" and suggestions offered as to selling it to the city for a town clock. These remarks, however, have to be overlooked, as unlike some of the tall nurses, I am unable to support quite as much dignity.

I have tried to tell you something about the important part a watch plays in hospital treatment, and before "winding up" will quote a few lines, which, written by a friend of mine, I can almost fancy the watch recites to me sometimes in the long and solemn hours of the night when the hush of silence has fallen on the ward, the night lights are burning dimly, with a subdued religious faintness, and the silence is unbroken save by an occasional moan of pain, and the firm, strong, self-reliant tick of my brave old watch as it marches gallantly on, consuming seconds as it goes :

WHAT THE WATCH SAYS.

Here I am, right on time,
Tick tick, tick tick, tick tick ;
Bound to always keep in line,
Tick tick, tick tick, tick tick ;
With my large and vigorous heart,
Strong and firm in every part,
Through the day and through the night,
Through the dark and through the light,
Always steady, leal and true,
I constantly my duty do.
Tick tick, tick tick, tick tick.

Let me then as an emblem serve,
 Tick tick, tick tick, tick tick;
 From duty one should never swerve,
 Tick tick, tick tick, tick tick;
 Be always ready, always kind,
 To gentleness be e'er inclined;
 Keep constant on in duty's way,
 In even tenor, day by day;
 And you a nurse will surely prove
 Whom all can honor, all can love.
 Tick tick, tick tick, tick tick.

We must concede that some are more adapted by nature and home influence for the vocation than others; but all require good sound training and practical experience; and for this purpose all first-class hospitals have established training schools where the foundation is laid for the line of work we have chosen and intend to build upon, and where we are taught to keep pace with the advanced science of the medical profession and the general progress of the end of the century.

Some one has said that "it is better to build a fence at the top of a precipice than to have an ambulance at the bottom; and nursing at the present time is about in the place of the ambulance; but as the profession advances we hope the more to resemble the fence at the top," and for that reason we should know how to instruct people in the rules of hygiene and dietetics. Especially is this true of the work of the District Nurse.

The modern training school sends to the bedside of the patient a skilled and trained intelligence, all the more fitted for the work because the needed courage is not broken by any strain upon the feelings. Sentimental people imagine that there is no hand so soft in sickness as one guided by affection, that no professional nurse can be so kind as the loving mother, the devoted wife, or the affectionate sister; but no devotion from loving friends—grateful as it may be to the patient—can take the place of trained skill and knowledge. The very depth of their affection acts against the coolness and self-possession so necessary in cases of extreme danger; and although a nurse is always sympathetic, she never gives way to unrestrained emotion.

Love and sympathy and sound common sense will always work well together in the sick room, and we should remember that, because we have graduated from the training school, the day of our learning has not passed. On the contrary, we are only now beginning our professional education, so let us reach out to the things that are before, and develop the knowledge we have already gained. Much still depends upon earnest application, diligence, and conscientious work.

We try to do what we can for the cause of suffering humanity. We cannot, indeed, like our Divine Master, give sight to the blind, or strength to the paralyzed limbs, but we may do many acts of grace and mercy by relieving the distress of our fellow creatures, and in no other way do we more nearly approach our Heavenly Father than when we alleviate the sufferings of others.

The world needs those who manifest God to the life around them, not alone by prayer and creeds, "But in the ministry of kindly deeds."

Unfortunately there is not room for more extracts from the nurses' graduating essays in the present issue of the REVIEW. We hope to print others in the May number.

The Mary Bed.

Little Mary Scotland McLouth, Palmyra, N. Y. April. \$1.00.

Next month is the month in which the annual subscriptions for the Mary Bed become due. Kindly send them before May 15th to Mary H. Wright, Treasurer, 282 East Avenue.

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Diseases of the Eye and Ear—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of the Nervous System—Monday, Thursday ; 4 to 5.

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Diseases of the Skin and Genito-Urinary System—Tuesday, Friday ; 4 to 5.

Orthopaedic Surgery—Monday, Thursday ; 4 to 5.

Diseases of the Throat and Nose—Monday, Wednesday, Friday ; 4 to 5.

General Surgery—Monday, Wednesday, Saturday ; 11 to 12.

Diseases of Women—Tuesday, Wednesday, Friday, Saturday ; 10 to 11.

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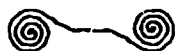
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February 2, 1891.

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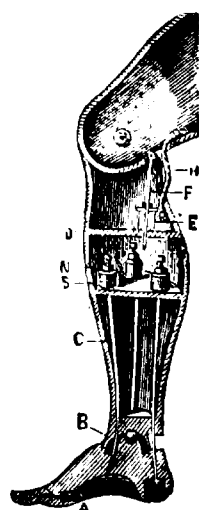
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THE HOSPITAL REVIEW.



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AT THE

ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 24

VOL. XXXII.

ROCHESTER, N. Y., MAY 15, 1896.

No. 9

The Nurses' House.

The long talked of, long hoped for house for the nurses seems at last to be a possibility. Two generous friends have promised subscriptions amounting to more than a thousand dollars; the Parent Stem has placed its surplus fund in the bank, as a contribution toward the same object, and it is earnestly hoped that many other kind friends will add something—be it little or much—to hasten the completion of this important addition to the hospital buildings. Few persons not connected with the City Hospital and its work realize the necessity of such a house as this will be. At present the nurses have their private rooms, their dining room, and their parlor all in the main building. When the

separate house is built, a nurse, when off duty, may retire there for rest or recreation; the night-nurse may obtain her needed repose during the day without fear of interruption, and one and all may leave behind them the atmosphere of the hospital and enjoy the sense of freedom and liberty to which these faithful workers are entitled after their labors.

Hospital Notes.

It was with sincere regret that the managers and staff and all connected with the Hospital, bade farewell to Miss Dart, who has retired from the position of Superintendent of Nurses, where she proved herself most efficient in the discharge of her duties, and invaluable to Miss Palmer upon her arrival at the Hospital. Miss Dart leaves many friends and well-wishers in Rochester, who will always be glad to hear of her

success and happiness in any sphere of work in which she may decide to engage hereafter.

Miss Sophia F. Palmer, the newly appointed Superintendent, has arrived and has been installed in her position at the Hospital, where she has lost no time in making herself acquainted with the institution and its workings.

Miss Palmer brings the highest commendations from the Garfield Memorial Hospital, of Washington, D. C., where she was in charge before coming to Rochester. She possesses the knowledge which comes of wide experience in hospital management, and an enthusiasm for her work, which promises great things for the future. Miss Doyle is Miss Palmer's assistant.

The new barn for the ambulance will, in all probability, be completed before the REVIEW is in the hands of its readers. This building is 45 by 25 feet in size, conveniently located in the southeast corner of the hospital grounds, with a driveway leading to Troup street and another to the front of the hospital. The barn contains space for two ambulances and three stalls for horses, built like those in the fire department stables. The driver's room is situated on the second floor, and when the gong sounds the driver slides down a pole to the first floor. A complete system of electrical apparatus is provided for, the doors of the stables and the drop-harness being operated by electricity. The ambulance, as has already been stated, is the gift of Dr. Henry T. Williams, and is as perfect in all its arrangements as it could be made, every new device and invention which ingenuity could suggest having been applied in its construction. The city ambulance has been given to the hospital and will be placed in the new barn and used for contagious cases. Thus, with the Homeopathic Hospital, Hahnemann, St. Mary's and the City Hospital each supplied with ambulance service, Rochester

should feel itself fully equipped for any emergency.

During the three months ending April 30th, there were 555 patients treated in the Out-Patient Department. These made 1,039 visits to the Hospital and received 1,085 prescriptions or treatments. Since the Hospital year began, October 1st, 1895, (seven months) the out-patients have numbered 1,127, and their visits to the hospital and their treatments 2,106 and 2,021 respectively.

Two of the managers will be in attendance at the Hospital on Wednesday afternoons, as usual, from half-past two until half-past four o'clock, to receive visitors. Mrs. Allen J. Cuming and Miss Wilder in May, Mrs. L. S. Chapin and Mrs. H. B. Willis in June. Mrs. Willis has recently been elected a member of the Board of Managers.

Under the new management the position of matron and house-keeper will be dispensed with, the Superintendent taking this department, as well as all others, under her own supervision. This position has been ably filled for the past two years by Mrs. Stevens.

Death of Mrs. Perry.

The death of Mrs. Ida Perry, a trained nurse of the class of '96, was peculiarly sad in its circumstances. Mrs. Perry came from Canada to Rochester and entered the Hospital Training School, soon after which her health failed, but in spite of illness and increasing weakness, her ambition and interest in her work were so great that she continued her duties long after her waning strength warned her to desist. When her class graduated on March 26th, she was unable to leave the Hospital, but received her diploma, as if she had completed her course of instruction, and graduated with the other nurses. Her death occurred at the Hospital on May 1st, and her remains were removed to Canada, where her friends reside.

Twigs.

As the Parent Stem, the Twigs, Grafts, Splinters, Chips and various off-shoots will have completed their work for the season by the end of the present month, the managers request that the secretary of each branch shall send a report of all work done during the winter by her particular organization, to the editor, Mrs. Varnum, 37 Rowley street, in order that the reports may appear together in the June number of the REVIEW. Will the secretaries please bear this in mind.

Hospital Report.

APRIL, 1896.

Number in Hospital April 1.....	76
Births.....	2
Admitted during April.....	90
	168
Discharged during April.....	72
Deaths.....	6
Number in Hospital May 1.....	90
	168
Lowest number during April.....	75
Highest number during April.....	98
Average number daily during April.....	86

DIED AT THE ROCHESTER CITY HOSPITAL.

April 2—Elisha L. Gates.....	aged 66	years
" 5—Mrs. Charles Hobart.....	" 30	"
" 8—Miss Minnie Brown.....	" 40	"
" 11—Mrs. Christian Laufer.....	" 35	"
" 12—Mrs. Thomas Dukelow.....	" 60	"
" 22—William Smith.....	" 56	"

Report of Surgical Pavilion.

APRIL, 1896.

BY B. ROSS NAIRN, House Surgeon.

Number of operations.....	53
" " operators.....	15
" " patients.....	39

Training School Report April, '96.

Application for circulars.....	15
Candidates received on probation.....	2
Visits made by district nurse.....	64

Treasurer's Report.

CASH DONATIONS.

Balance received from Fourth Twig.....	\$13 75
Gift from entertainment.....	11 65

ENDOWMENT FUND FOR CRIPPLED CHILDREN.
Received to May 1..... \$2,506 92

During this month this fund has paid for two spinal braces, costing \$9 each, and one hip splint for \$12, and the demands are increasing, as there are many sufferers in our Pavilion, and our young friends will congratulate themselves that their work is accomplishing so much.

MRS. W. H. PERKINS, *Treasurer.*MRS. H. G. DANFORTH, *Asst. Treasurer.***Contributions for April, 1896.**

—————, Easter lily for nurses' parlor.
Dr. L. A. Weigel, child's rocking chair.
Mrs. C. H. Angel, box of old linen (ten men's shirts, collars and cuffs).
Mrs. E. T. Curtis, colored pictures, two pairs scissors, two pairs slippers for Children's Pavilion.
J. Milnor Walmsley, papers, magazines.
A Friend, illustrated papers.
Mrs. Seymour, old linen.
Miss M. W. Clark, Conesus, N. Y., papers and magazines.
Mrs. H. C. Gorton, Easter presents for Children's Pavilion.
Dr. Henckell, colored pictures for Children's Pavilion.
Mrs. H. D. Stockbridge, Easter chickens for Children's Pavilion.
Mrs. Isengarten, German papers.
Christ Church, Easter lilies for Male and Female Wards.
Mrs. Milburn, old linen.
Ely Milburn, children's night suits, one pair underdrawers, Easter cards.
Westminster Church Sunday School, two Easter lilies.
Mrs. Ph. Bartholomay, magazines and papers.
—————, set chess men.
Scrantom, Wetmore & Co., magazines.
Mrs. A. Cuming, slippers for Children's Pavilion.
Allen Cuming, toys for Children's Pavilion.
Mrs. S. A. Hosmer, two bushels turnips.
Mrs. Allen Smith, papers, magazines, games and toys.
Dr. Henckell, colored pictures for Children's Pavilion.
Mrs. C. H. Angel, one worsted afghan, one flannel underskirt, one nightgown, four jackets for Children's Pavilion.
Mrs. David Rosenberg, magazines.
Mrs. Geo. Hollister, 2 plush chairs, 4 pictures, 1 mahogany cabinet, 1 marble top table, 1 wall plaque, 4 vases, 1 glass rose bowl, 1 inkstand, 1 table-cover, for Nurses' Parlor.
Sibley, Lindsay & Curr, magazines.
Erastus Darrow, reading matter.
Miss Lydia Rumsey, art pictures, books and papers, bleached and unbleached cotton, 7 glasses jelly, 13 towels.
Mrs. W. E. Hoyt, 3 pairs men's underdrawers, paper theater and picture cards for Children's Pavilion.
Mrs. Alden, old linen, 7 men's shirts, 1 night dress, 1 quilt, 1 child's wrapper, 1 towel, 1 skirt.
Mrs. E. T. Curtis, illustrated papers.
First Twig, 41 towels, 6 night gowns, 28 napkins.
Second Twig, 21 sheets, 2 flannel skirts, 18 sheets.

Hemlock Twig, 9 pillow cases, 4 sheets.
Fourth Twig, 16 infants' dresses, 5 flannel skirts.
Columbian Twig, 11 night shirts, 2 nightgowns, 10 pillow cases.
German Twig, 20 towels.
The Splinters, 4 pillow cases, 9 surgical towels.

Receipts for the Review.

APRIL, 1896.

Mrs. Henry Bausch, 65c; Mrs. Wm. Corning, 65c; Mrs. R. T. French, 65c; Mrs. Thomas Hawks, 65c; Mrs. Theobald Meyer, 65c; Master Ely Milburn, 66c; Mrs. Howard A. Smith, 65c; Mrs. G. H. Thompson, 65c; Mrs. C. H. Wilkin, 65c; Mrs. Henry Wray, 65c; Mrs. Joseph O'Connor, 65c. By Miss Messenger.....	\$7 16
Mrs. H. F. Smith, 65c; Mrs. W. J. Humphrey, Warsaw, \$1; Mrs. J. M. Edwards, Dansville, \$1; Rev. Louis C. Washburn, \$1. By Treasurer.....	\$3 65
LYDIA RUMSEY, Treasurer, 39 South Washington street.	

Our readers will be interested in seeing the following extracts from the *Nurses' Graduating Essays*, which unfortunately were crowded out last month.

Extracts From Essays of the Graduating Class.

"Small service is great service while it lasts;
Of friends however humble scorn not one."

As I pondered those lines there came to me a sense of the ungratefulness with which a friend, that has grown old and gray in the service of the nurses, has been consigned to obscurity.

The Surgical ward, the O. P. D. and the Children's Pavilion have been brought into prominence by the literary geniuses of the many classes which have graduated from the Rochester City Hospital. But search the records as we may, not a word of prose or rhyme can be found in which the virtues of the *District Coat* are extolled.

To the uninitiated the term *District Coat* may bring but a hazy idea of some mantle worn by the nurse while on District duty; but to those who have vainly endeavored to hold its buttonless fronts together on a windy morning, who have while enveloped in its rusty folds convinced themselves that "the coat does not make the man," (at the same time carefully seeking obscure and dark corners of street cars), to such it is a stern reality and must ever hold a tender place in the memory.

In its youth it was black and glossy, but constant dissipation has told, for in spite of its obscurity it has always been in demand, and is even yet on rainy days. Its once smooth surface is now as wrinkled as the forehead of a nurse who is trying to solve the problem of how to be with sixteen different patients at one and the same time and yet get in a confidential chat with the doctor in attendance.

Like its protégée, the nurse, the Coat has to adapt itself to all kinds and conditions of men. Some of the nurses are "divinely tall," and on them it looks as abbreviated as the answer we received when we asked for late leave twice in succession. On some Hebe it has to be tucked up and worn *a la blouse*, rather than *a la mode*. In fact, that old maxim, "If the coat fits you, wear it," has to be entirely ignored. If the coat fits you, thank your lucky star; and if it does

not, think on the foolishness of vanity and the shortness of life.

Then the playfulness of that coat is really abnormal in one so old; you can never tell what it is going to do next, for it is as capricious as an April day or a patient suffering from imaginary ills.

You are called out on District duty. You don the coat, grasp your case in one hand, a bundle of dressings and an umbrella in the other, and sally forth. No car in sight. You stand patiently moralizing the while, that, "All things come to him who waits," even a first case after graduation, when you discover that your pocket-book is lying at your feet. You set down your case to investigate and lo! that pocket in which you had placed implicit trust, and your last nickel, proves to be a bottomless abyss. But the long looked for car has arrived, and, grasping your case, and frantically waving your umbrella, you hasten to board it. Alas! at that moment the coat is seized with a fit of coquetry and the cape sails off in one direction, the car in another, the motorman blissfully unconscious of the maledictions you are calling down on his unoffending head. Where now is your moralizing mood of a moment ago—aye—and more important just now, where is that cape?

The question is soon answered. It has lovingly enveloped the head of one of those unclassified animals called for convenience "dudes," as if to make up by an extra outer covering for the emptiness within. (You always knew the coat was charitable).

With an apology you claim your property, at the same time taking a malignant delight in the rumpled appearance of "Cholly's" hair and that his chrysanthemum has been slightly crushed. He has by this time recovered sufficient breath, after the exertion of extricating himself, to articulate "Beastly breeze this morning." You almost forgive the old coat for its frolic for it has emphasized the fact that, "Nothing useless is or low," for even "Cholly" has been of service to the world this morning.

Another car comes in sight; everything is going smoothly this time and you proceed to board it in a dignified manner, but in vain. Dignity and the District coat are mortal enemies. Being one of the unfortunate shorter ones, the surplus cloth at the bottom entangles your feet until they are as mixed up as were your brains on your first examination. You stumble forward, prod the conductor with your umbrella (thereby making a life-long enemy) and finally land at the feet of some distinguished M. D. whom you have met in your practice. You had hoped for his patronage in securing cases, but now in the picture of his inner consciousness taken by the Cathode Ray of your imagination you see yourself labeled awkward and undesirable. And that meek-looking old coat to blame for it all. You grind your teeth and think of a Medical student you would like to have operate on it.

But your destination is reached and work begins. Ah! how insignificant now seem all the petty trials of the morning. A wretched abode, broken windows, bare floor and squalor beyond the imagination of those who have never visited the poor of a city. A mother moaning her life away in "the dread clutch of consumption," while three small children, old in misery and want, play about the door.

The vigorous work of the maid and the gentle offices of the nurse are combined and soon the patient rests easier and the hovel presents a cheerier appearance. Nor is your work yet done. Ah, no! the piteous story of a blighted life must be heard, and Sympathy, the Divine Medicine, administered without stint.

And somehow your feelings for the old coat grow tenderer, for was it not under its protection you were conveyed thither? And the words, "Inasmuch as ye did it unto one of these, the least of my brethren, ye did it unto me," become replete with life, and the actions you were to do for duty's sake are now prompted by love.

It is time to go, and with a sort of feeling of fellowship you turn to look for the coat. It has disappeared. At length, after a long search, it is found serving as a carpet for Katie's and Annie's play-house. You are inclined to say something sharp; but, after all, who could have the heart to chide those little ones who have missed nearly every joy of childhood, even if the luckless coat when donned gives the appearance of little muddy feet having walked right up one's back?

The cape is not forthcoming, and you think of leaving it as a souvenir of your visit, when Johnnie appears on the scene with some coal he has carefully carried home in your beloved coat. Or mayhap, if he be of a military turn of mind, your cape is waving from the end of a long stick, the banner of an embryo Coxey's army.

But your day's insight into their dreary life makes your heart tenderer and your temper cooler. You start out quietly. Perchance you are thinking of a happy childhood and the dusty city street fades from view. You can see the green meadows, hear the babbling of a little brook and even scent the odor of violets on the breeze, and all of the stains on the old coat are not made by raindrops.

But you are awakened from your reverie by a shrill voice saying, "Gimme a pill," will ye?" and you find yourself the center of a mob of howling Arabs, who follow in your wake, till you feel like the advance van of a traveling circus, and are glad to lose yourself in the crowd.

Dear old Coat, what tales it could tell could it but give us the history of each comedy and tragedy it has witnessed! Many an escapade, too, of the nurses who have borne it company, and we doubt not that could it speak it could recount many beautiful deeds which were performed silently and with never a thought of gold or glory by many of my sisters in this class of '96.

The Night Nurse.

Softly the twilight shadows are falling,
To duty once more the night nurses calling.
While in the waning light of day
The tired ones hasten to rest away.

Gently the silver moonbeams creep,
Over the wards where the sick ones sleep;
Or many in pain are lying awake
Unable their needed rest to take.

Silently nurses their vigil keeping,
Are carefully watching o'er a life which seems
fleeting,
O'er a flick'ring pulse, or labored breath,
Off'times the touch of the "Angel of Death."

Brightly the morning breaketh at last,
Shadow and gloom are things of the past.
And the nurses who labored through the night,
As snow in sun, disappear in the light.

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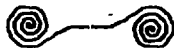
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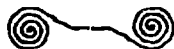
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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

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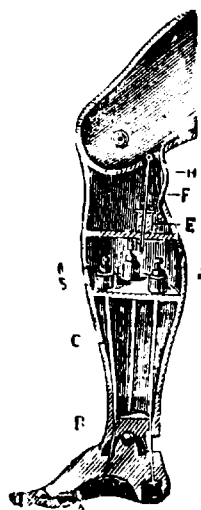
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XVI. Interest not exceeding four per cent. per annum will be allowed on all sums which may be on deposit on the first days of March, June, September and December, for each of the three preceding months during which such sum shall have been on deposit.

XVII. Deposits made on or before the third days of March, June, September and December, shall be entitled to interest from the first days of such months respectively, if left for the required time.

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THE HOSPITAL REVIEW



DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING
AT THE

ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 24

VOL. XXXII.

ROCHESTER, N. Y., JUNE 15, 1896.

No. 10

Board of Directors of the Rochester City Hospital.

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Erickson Perkins, Vice-President.

Henry S. Hanford, Secretary and Treasurer.

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C. F. Pond, Jas. Brackett, S. J. Arnold,	}	Auditing Committee.
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Managers of the Rochester City Hospital.

Miss A. S. Mumford, President

Mrs. Oscar Craig, 1st Vice-President.

Mrs. Arthur Robinson, 2d Vice-President.

Mrs. Wm. H. Perkins, Treasurer.

Mrs. H. G. Danforth, Assistant Treasurer.

Mrs. H. F. Huntington, Recording Sec'y.

Mrs. Wm. E. Hoyt, Corresponding Sec'y.

MANAGERS.

Miss A. S. Mumford, Mrs. Wm. H. Perkins, Mrs. H. H. Morse, Mrs. John H. Brewster, Mrs. Oscar Craig, Mrs. Max Landsberg,	}	Executive Committee
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Mrs. Myron Adams, Mrs. Henry F. Smith, Mrs. James C Hart, Mrs. A. S. Hamilton, Mrs. L. S. Chapin, Mrs. Arthur Robinson, Miss Clara Wilder, Mrs. Charles

H. Angel, Mrs. E. S. Martin, Mrs. F. P. Allen, Mrs. Allan J. Cuming, Mrs. Henry L. Smith, Mrs. Rudolf Hofheinz, Mrs. H. B. Willis.

The Training School.

It is well known by those interested in the Hospital that the Training-school has been conducted on the non-paying plan for several years.

In the year 1888, a communication was received by one of our Hospital ladies from the Illinois Training-school, asking our co-operation in dispensing with the monthly payment of money to pupils—one of the motives given being that students of a profession should not be paid to enter its ranks. It was found that no other school felt inclined to make this change; but after much deliberation, the managers decided to abolish monthly payments, and in their stead furnish uniforms to the pupils and one hundred dollars at their graduation.

This experiment having been found successful, two years later all payments of money were discontinued, uniforms and text-books still being provided. The school continued to prosper, demands for circulars were constant, students were received as usual, and there was always a large waiting list. Within the past year, however, the depressing influence of the times compelled many who desired to enter our school to go where they would expect remuneration. Therefore, at a recent meeting of the Executive Committee it was decided to return to the old plan of monthly payments for the present, beginning July 1st. We have just learned that the Johns-Hopkins Training-school has decided to make the experiment now temporarily given up by us, and we trust that it will meet with marked success, and that the time will soon come when all the Training-schools in the country will find it for their best interests to unite in this plan.

Hospital Notes.

The Out-Patient Department in May cared for 167 patients, who made 348 visits to the hospital, and received 319 prescriptions and treatments.

A complete system of telephonic communication has been established throughout the Hospital and its adjacent buildings, connecting the main office with the various wards, and the pavilions for contagious diseases; with the boiler room, ambulance stable, etc., thus providing a much needed means of reaching those in charge of each department without loss of time.

W. H. Glenny & Co. have presented a handsome clock to the Hospital for the nurses' parlor, a much needed addition to the furniture of the room.

The ambulance is at last ready for service, and has already responded to several calls. In addition to the ambulance, Dr. Williams has given to the hospital a horse, harness, three sets of blankets, and uniforms for the attendants.

The Children's Pavilion.

These have been busy days in the children's ward. During the month twenty-three boys and girls of various ages have been cared for in these bright and cheerful rooms, where, in spite of great pain endured by many of them, all seem anxious to declare themselves "better." One or two of the children have suffered intensely in consequence of severe burns, and the case of little Jimmy, aged five, should be a timely warning to all small boys who contemplate the celebration of the "glorious Fourth." Jimmy carried matches in his trousers pocket, where, by some means becoming ignited they set fire to his clothing, and the poor boy was horribly burned about the back and shoulders. For many

weeks he lay in great pain, unable to turn upon his side or back, but he has been steadily improving, and is now out of bed, though still stiff and sore, and scarred for life.

Little Kittie was the victim of a kettle of scalding water, which was overturned upon her as she stood near the kitchen stove. This poor child was in a terrible condition when brought to the Hospital, but now is, as she says "almost well," and appears anxious to make herself useful in every possible way, carrying cups of water to the other children, sweeping the floor with her tiny broom and dust-pan, and helping the nurse in a dozen ways.

The children who are able to leave the pavilion are out in the hospital grounds every day, enjoying the fresh air and bright sunshine, after their long sojourn within doors, and all show the effect of the nursing and good care they have received.

The District Nurse

has made 54 visits during the past month. Possibly the readers of the REVIEW may not be aware that district nursing is a part of the duty of every nurse receiving instruction in the City Hospital Training School during her senior year, one month being assigned to each nurse for such visiting. All of us who read Mrs. Robert Mathews' interesting article in a recent number of *The Churchman*, in regard to this branch of the work in the Homeopathic Hospital, have seen how generously the friends of that institution have provided for it, in the maintenance of two district nurses. The City Hospital has no such endowment, but sends out its district nurse as a work of charity provided for by the Hospital alone. These nurses visit among the sick poor, and respond to any call made upon them through the officers of the Female Charitable Society, or at the Hospital itself. They receive no compensation for their services, but give them freely wherever they are required,

A Gift.

Mrs. Henry H. Perkins has added another to the long list of her charitable deeds for the benefit of suffering humanity, by contributing one hundred dollars to be used whenever an emergency arises, for the City Hospital ambulance. This is surely more than could have been expected or hoped for, when one takes into consideration all that Mrs. Perkins has done in providing the ambulance service for the Homeopathic Hospital, and placing it at the disposal of every hospital in the city. The managers desire to make this public recognition of Mrs. Perkins' kindness and generosity.

Gift From the Siebenpfeiffer Estate.

A most acceptable offering of one hundred dollars has been received by the Treasurer from Mrs. J. G. Kaelber, who presents it in memory of her parents, Charles and Mary Siebenpfeiffer. The Treasurer's report shows the object to which this sum will be devoted, and for which it is most thankfully acknowledged.

Twigs.

The work of the Twigs during the past season has been beyond all praise. How the Hospital could continue to live and thrive and carry on its labors without their generous assistance it would be difficult to tell. On looking over the list of work accomplished by the four branches which have responded to the call issued by the managers last month, our readers may form some idea of the overpowering array of garments, sheets, pillow-cases, etc., etc., which would stretch out in bewildering profusion before their eyes, if the busy secretaries for other branches had found time to send in their reports also.

From the amount recorded below it will readily be seen that the women of Rochester deserve hearty thanks and commendation for their activity in this as in every other charitable undertaking in which they engage. The list is given in the order in which the reports were received.

The Morning Twig held weekly meetings at the house of Mrs. Max Landsberg, from October 25th until December to prepare articles for the Donation. After the New Year began, fortnightly meetings were held until May.

The work completed for the Hospital has been 17 sheets, 12 night-dresses, 19 pillow-cases.

JULIA GRIFFITH, *President.*

The Hemlock Twig has held fourteen regular meetings during the winter, with an average attendance of eleven members. During the year this twig has completed 97 sheets, 41 pillow-cases, 9 pin-cushions, 2 aprons, 4 tray napkins.

ANNIE P. BISHOP, *Secretary.*

The First Twig has held fifteen meetings during the winter of 1895-6, and has sent to the Hospital during that time 54 pillow-cases, 22 night shirts, 36 napkins, 150 towels and 60 surgical towels.

MARION CHESTER, *Secretary.*

The Parent Stem held its first meeting for the season on Friday, November 1st, and continued to meet once a fortnight during the winter. Work finished, 35 sheets, 30 pillow-cases, 18 table napkins, 11 night shirts, 11 night gowns. The sum of fourteen dollars and forty-one cents remained in the treasury at the close of the season, and has been placed in a savings bank as a nucleus for the building fund of the Nurses' House.

LYDIA RUMSEY, *Secretary.*

Treasurer's Report.

CASH DONATIONS.

In aid of the ambulance work, from Mrs. Harry H. Perkins.....	\$ 100 00
ENDOWMENT FUND FOR CRIPPLED CHILDREN.	
In memory of Charles and Mary Siebenpfeiffer, from Mrs. J. G. Kaelber.....	\$ 100 00
Collected by Mrs. Arnold (for braces for Charles Townsend).....	6 00
Mrs. Howard Osgood	5 00
Previously acknowledged.....	\$2,506 92

Net.....\$2,617 92
The braces for Charles cost \$46. Another bill for hip splints \$12. We hope our young friends will remember the children during their summer holidays, and add substantially to this fund, as the demands are very heavy.

MRS. W. H. PERKINS, *Treasurer.*
MRS. H. G. DANFORTH, *Asst. Treasurer.*

Hospital Report.

MAY, 1896.

Number of patients in Hospital May 1, 1896.....	90
Births.....	1
Admitted during May.....	83
	174
Number discharged during May.....	78
Deaths.....	8
Number remaining in Hospital June 1, 1896	88
	174
Lowest number daily in May.....	80
Highest number daily in May.....	90
Average number daily in May.....	84

DIED AT THE ROCHESTER CITY HOSPITAL.			
May 1—Mrs. Ida Perry.....	aged 31	years	
" 2—Henry B. Draper.....	42	"	
" 3—Mrs. William J. Wake.....	46	"	
" 3—Mrs. Morris Winkelman.....	40	"	
" 5—Mrs. Nathan Cohen.....	32	"	
" 8—Caroline Mason.....	21	"	
" 18—Mrs. Jos. Warren Magill.....	29	"	
" 31—Mrs. Thomas R. Sampson.....	29	"	

Report of Surgical Pavilion.

MAY, 1896.

BY ARTHUR W. THOMAS, House Surgeon.	
Number of operations.....	40
" " patients.....	38
" " operators.....	15

Training School Report, May, '96.

Application for circulars.....	29
Number having completed two years' course.....	2
Candidates received on probation.....	1
Visits made by district nurse.....	54

Contributions for May, 1896.

Mrs. Skeel, picture papers and puzzles; book and picture frames.

St. Luke's Church, cut flowers.

Mrs. W. E. Hoyt, old linen; silver for kitchen, five spoons, six forks, one butter knife.

Mrs. George Forrester Johnston, infant's old clothing, shoes, two pairs socks, two pairs slippers, hood, skirt, and worsted jacket.

A Friend, one pair crutches.
 Scrantom, Wetmore & Co., three books.
 Mrs. John H. Hill, old linen.
 Dr. Henckel, colored pictures for Children's Pavilion, and Illustrated weeklies.
 Sibley, Lindsay & Curr, thirty-one table cloths.
 Mrs. J. H. Brewster, Paper theater, for Children's Pavilion; one infant's cloak.
 Joseph Cowles, one year's number American Review, Century, and Scribner's.
 Mrs. H. S. Greenleaf, magazines and papers.
 Mrs. W. N. Clark, magazines.
 Parent Stem, eleven pillow cases, eight night gowns, two night shirts.
 First Twig, one night shirt.
 Second Twig, seven sheets, thirty-two dish towels.
 Hemlock Twig, nineteen sheets, fourteen pillow cases.
 Morning Twig, six night shirts, seven pillow cases.
 First Graft, nine baby slips, eleven dish towels, seventy-four surgical towels, seven surgical night gowns, sixteen pillow cases.

Receipts for the Review.

MAY, 1896.

Mrs. H. F. Hart, 65c; Mrs. H. S. Hanford, 65c; Mrs. H. S. Noyes, 65c; Hon. C. R. Parsons, 65c; Mrs. Douglas Bly, 65c; Mrs. M. W. Cooke, 65c; Mrs. E. F. Ellsworth, 65c; Mrs. W. F. Morrison, 65c; Mrs. J. T. Briggs, 65c; Mrs. F. W. Elwood, 65c; Mrs. J. Moreau Smith, 65c. By Miss Messenger. \$7 15
 Mrs. F. R. Delano, 65c; Burke, FitzSimons, Hone & Co., adv. \$26 00; Oaks & Calhoun, adv. \$5; Sibley, Lindsay & Curr, adv., \$15; Mrs. C. H. Wiltsie, 65c; Mrs. Samuel Porter, 65c; Mrs. H. S. Tomer, \$1 25; Mrs. Porter Farley, 65c; Mrs. E. M. Moore, 65c; Mrs. M. E. Chapin, 65c; Mrs. W. K. Chapin, 65c; Mrs. W. W. Chapin, 65c; Mrs. J. M. Backus, 65c; Mrs. S. D. Walbridge, 65c; Mrs. Alexander McVean, 65c; Mrs. H. H. Cozzins, 65c; Mrs. W. S. Dewey, 65c; Mrs. W. C. Rowley, 65c; Mrs. H. P. Brewster, \$1; Mrs. H. Austin Brewster, 65c; Mrs. J. C. Gray, Boston, 50c; Mrs. J. A. Eastman, 65c; Mrs. H. B. Hathaway, \$1.30
 Mrs. J. H. Kent, 75c; Miss Mary Carpenter, 65c; Mrs. E. W. Peck, 65c; Mrs. F. E. Peake, 65c; Mrs. H. M. Hart, \$1 30; Mrs. Hampden Hyde, 65c; Mrs. W. S. Whittlesey, 65c; Mrs. M. C. Phelan, 65c; Mrs. H. F. Montgomery, 65c; Mrs. Gilbert Brady, 81; Mrs. Abraham Teal, 65c; Mrs. F. D. Alling, 65c; Mr. L. W. Kaufman, 65c; Mrs. Robt. Mathews, 65c; Mrs. John Mogridge, 65c; Mrs. J. F. Warner, 65c; Mrs. Roswell Hart, 62c; Mrs. C. D. Miller, Geneva, 50c;
 By Treasurer. 72 42

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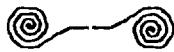
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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

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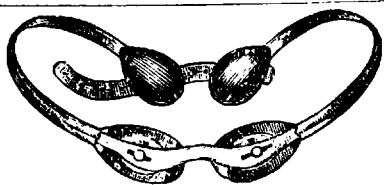
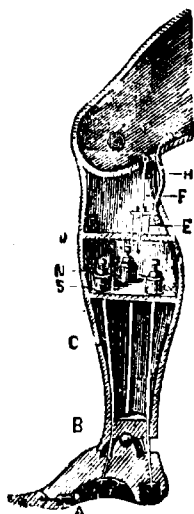
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THE HOSPITAL REVIEW.



DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING
AT THE
ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 656

VOL. XXXII.

ROCHESTER, N. Y., JULY 15, 1896.

No. 11

Hospital Notes.

One hundred and seven patients have been received at the Hospital during the past month. This number exceeds that of any month for several years past.

The ambulance is now in active service, and responded to forty-seven calls during June. The old city ambulance, to be used in contagious diseases, has been greatly improved by the addition of a sliding wire-bed, which can be removed and placed in the disinfecting tank when necessary. The present ambulance telephone call is No. 656.

The Men's Ward, in the west wing, is being divided into wards, surgical and

medical, as in the east wing. The addition of commodious piazzas will be an agreeable feature, also, in making the building more symmetrical on the Troup street side, as well as in furnishing the chance of an outing for those who are unable to go into the grounds.

The Managers are much gratified to receive, in addition to the amount due the Hospital from private patients, a handsome donation, with a letter expressing their appreciation of the many kindnesses and courtesies extended while in the institution. The writer adds: "I trust that your noble institution will be prospered, and that it may long continue to care for the injured and to relieve the suffering."

The Non-Pay System.

[*The Nursing World.*]

Theoretically the plan of paying pupil nurses a fixed sum for services rendered in hospital wards while they are acquiring the discipline, knowledge and skill that shall entitle them to be regarded as trained nurses, is not sound. But theory and practice are not by any means synonymous. One hospital alone cannot carry forward an important reform. To successfully inaugurate the non-payment system, at least a majority of the leading training schools must adopt this plan simultaneously.

Our valued contributor, Sophia F. Palmer, Superintendent of the City Hospital at Rochester, N. Y., sends the following timely comments on this question:

"A little more than four years ago the managers of the Rochester City Hospital decided to try the experiment of running the training school on the non-payment system, providing uniforms only. For three years the plan was considered to be a perfect success. The women who applied for admission were of superior intelligence and cultivation, and there was a long waiting list for vacancies.

With the business depression of last year, applicants became fewer, many women who wished to enter this school, giving as a reason for going elsewhere, that they could not afford to give two years' time without some money for necessary expenses, etc.

In taking the position of superintendent of this hospital on April 1st of the present year I was confronted with a serious problem. A class of eighteen had just graduated. The number of patients to be cared for was rapidly increasing every week. We were sending out numbers of circulars, with but little result, the few applicants that we did receive not being up to the standard.

After working along as best we could

for two months, by employing graduates for much of our work, I felt compelled to ask the managers to return to the pay system. This they have very reluctantly decided to do, and the change will be made July 1st. Simultaneously with the abandonment of the non-pay system by the managers of the Rochester Hospital came the announcement that the Johns Hopkins school was about to adopt this plan, in connection with the three years' course and the eight-hour system. The conditions of the two schools are, however, widely different. While the Rochester Hospital gives a most excellent practical training, including obstetrics and contagious diseases, and has a finely arranged operating room, a large children's ward, and both private and public wards, it has not the world-wide reputation of finely equipped buildings, or the luxuriously appointed nurses' home of the Johns Hopkins, and the experiment was not tried under the advantages of an extended course, with only eight hours of work daily. Still, the managers and those interested in the institution feel very strongly that if the schools would unite in adopting the non-pay plan the result would be an assured success. It is a matter for deliberation on the part of hospital managers and superintendents.

The experiment of the Johns Hopkins will be watched with great interest by the profession. To the Rochester City Hospital must be given credit for having been the first to adopt the non-pay system, to which plan it will return when the majority of the leading schools of the country shall be ready to unite in this movement.

The return to the system of paying the nurses, has already begun to bear fruit. Applications for entrance to the Training School are being daily received, and several probationers are already under instruction.

Visiting Nurse.

[The accompanying letter has been written in response to a request from the Managers that Miss Cunningham should tell the readers of THE REVIEW something of the work she has undertaken as a visiting nurse.]

56 SOUTH UNION STREET, July 1, 1896.

To the Editor of HOSPITAL REVIEW:

As the City Hospital Managers kindly wish to notice the work of visiting nursing, in THE REVIEW, I will, with pleasure, tell you how I began the work, and how I have succeeded.

My attention was first directed to the subject, by an article in the December, 1895, number, of the "Trained Nurse," written by Miss D. C. Kimber, and dealing with two questions: (1) How shall we provide more work for our graduates? and (2) How shall we provide skilled nursing for people who cannot pay \$25 per week for the services of a trained nurse, and yet, who respect themselves too highly to become the recipients of charity? I thought a good deal on the subject, and decided to try visiting nursing in Rochester, if the doctors gave me any encouragement, as I felt there were many people in Rochester who could not afford \$18 a week for a nurse, and yet who needed skilled care, and who would be glad to have a nurse for part of each day. Then again, there are cases that do not need constant attention, but there is a dressing to be done, or it may be only a bath to be given, and the bed made, in the case of a helpless person, but these things being properly done means much to them. Patients may have to submit to an operation and stay in bed for a week or so, but they are not seriously ill, and if a nurse comes in night and morning they get on very comfortably, and are willing and able to pay a moderate sum for the care given in that way.

I returned to the city on February 25th, after an absence of eight months, and began at once to talk visiting nursing. I called on sixty-three doctors, and told them what I thought of doing, and how I intended doing it. With three exceptions they were much pleased with the idea, and I thought I would have plenty of work, when people knew they could get a nurse for a short time daily. To bring the matter before the doctors in the city, with whom I was not acquainted, I had cards printed under the title of visiting nurse, and with a schedule of prices, etc. The prices were specially designed to meet the needs of people in moderate circumstances, and yet to be a fair remuneration (according to Rochester prices), for the services rendered. My first case was on March 6th. I did not have another call until March 23rd. From March 23rd to June 30th inclusive, I have had twenty calls; twenty days and fifty-four nights have been spent with patients. I made one hundred and forty day visits, and attended seven operations. I had to send nurses to four cases I could not take myself. Altogether I feel that the new idea in nursing has been fairly successful.

Doctors, nurses, clergymen, every one with whom I have talked about the work, has been most kind and encouraging.

Thanking you and the City Hospital Managers for your kind interest in the work,

I am very sincerely yours,

J. J. CUNNINGHAM.

Hospital Report.

JUNE, 1896.

Number of patients in Hospital June 1, 1896.....	88
Births.....	3
Admitted during June.....	104
	195
Number discharged during June.....	94
Deaths.....	14
Number in Hospital July 1, 1896.....	87
	195
Lowest number during June.....	80
Highest number during June.....	92
Average daily number during June.....	87

DIED AT THE ROCHESTER CITY HOSPITAL.

June 5—Mrs. Hanora Lynch.....	aged 46 years
" 5—William D. Bradford	" 36 "
" 7—Mrs. John L. Weld.....	" 27 "
" 8—Loretta Corcoran.....	" 5 months
" 9—James H. Taylor.....	" years
" 10—Ignatz Heim.....	" 65 "
" 10—Agnes Walker.....	" 2 months
" 11—Daniel W. McLaughlin.....	" 36 years
" 12—Female infant of Mrs. Frank Parker.....	
" 20—Thomas Allen.....	" 42 "
" 23—John F. Dickes.....	" 32 "
" 23—Samuel P. Hiltbold.....	" 9 "
" 24—Ambrose S. Beverley.....	" 72 "
" 30—Mrs. George H. Powell.....	" 34 "

Report of Surgical Pavilion.

JUNE, 1896.

BY ARTHUR W. THOMAS, M. D., House Surgeon.	
Number of operations.....	51
" " patients.....	42
" " operators.....	20

Training School Report, June, '96.

Applicants for admission.....	16
Applications for circulars.....	30
Number having completed two years' course..	1
Candidates received on probation.....	4
Visits made by district nurse.....	40
Probationers accepted.....	4

Ambulance Report.

Total number of runs from June 6 to July 1, 1896.....	47
Transferred to Rochester City Hospital....	35
" St. Mary's Hospital.....	1
" County Hospital.....	1
" Homes.....	8
Not treated.....	2
	—47

Treasurer's Report.

ENDOWMENT FUND FOR CRIPPLED CHILDREN.

Acknowledged to date ... \$2,617.92

In the absence of Miss Wright subscriptions for the Mary Bed may be sent to the Treasurer.

MRS. W. H. PERKINS, Treasurer.

MRS. H. G. DANFORTH, Asst. Treasurer.

Contributions for June, 1896.

Mrs. Isengarten—English and German papers.
Mrs. Delano—Press pictures for Children's Pavilion, one pair scissors.

Mr. Arthur S. Hamilton—Press pictures for Children's Pavilion.

Mrs. Curtis—Seven volumes, colored pictures and theatre for Children's Pavilion, calendars, one year's St. Nicholas, scrap book, puzzles and dolls.

W. H. Glenny & Co.—Clock for nurses' parlor.
Mothers' Guild, St. Luke's Church—Scrap book.

Mrs. A. G. Yates—Twenty-five volumes reading matter, one metallic splint.

Mrs. Hofheinz—Illustrated weeklies, colored press pictures.

Mrs. Geo. Ellwanger—Large bunch roses, old linen, magazines and papers.

Allen Cuming—Puzzle, scrap book and magazines.

Mrs. P. H. Curtis—Package, Sunday School Times.

Mrs. Harriet Willis—Half bushel cherries.

Ely Milburn—Three pairs baby socks (old), one necktie, one hat, one suit underwear.

Mrs. Wm. Milburn—Old linen.

Mrs. Wm. E. Hoyt—Ten magazines.

Mrs. Wm. B. Spader—Infant's old clothes, one silk hood, two worsted afghans, one night shirt, two dresses, eight pairs socks, four flannel wrappers, one pair leggins, two pairs mittens.

Industrial School donation—Box and basket of cut flowers.

Mrs. Albert Mock—Two hassocks, one vase.

Dr. Henckell—One examining table for outpatient department.

Mrs. Poole—One box of flowers.

Mrs. Arthur Robinson—Two men's shirts, one collar (old), one ladies' dressing jacket.

A lady—Fourteen men's shirts (old).

Parent Stem—One pillow case.

First Twig—Two napkins, sixty surgical towels, sixteen plain towels, two night shirts.

Receipts for the Review.

JUNE, 1896.

Mrs. L. L. Allen, 65c; Mrs. H. G. Arnold, 65c; Mr. J. J. Bausch, 75c; Mrs. W. H. Bartholomay, \$1.00; Mrs. H. F. Bush, 65c; Mrs. Theo. Bacon, 65c; Mrs. E. H. Davis, 65c; Mrs. H. B. Hooker, 65c; Mrs. M. D. L. Hayes, 65c; Dr. J. E. Line, 65c; Mrs. J. Marburger, 65c; Mrs. C. L. Newton, 65c; Mrs. L. P. Ross, 65c; Dr. J. L. Roseboom, 65c; Mrs. H. R. Selden, 65c; Mrs. David Upton, 65c; Mrs. J. C. Woodbury, 65c. By Miss Messenger.... \$11 50
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LYDIA RUMSEY, *Treasurer.*

A Floating Hospital.

[Extracts from a paper presented by Maria S. Robinson of New York, before the National Conference of Charities in New Haven, in 1895.]

"In the year 1866 the work began with the Floating Hospital. Next month we begin our twenty-ninth year, and every day the Floating Hospital will take its load of helpless little ones out from the heat and noise of the city into the restful pure air of the sea. If you please, take a trip with us. You must be at the dock by eight o'clock if you are to see the people come on board. There the huge boat, fitted up with the comforts and conveniences of a hospital, stands like a great cradle, ready to bear the sick children of the poor out into the pure, wholesome atmosphere of the bay, or to convey them with loving care to the Seaside Hospital at the foot of Staten Island. At eight o'clock the women begin to come on board, each has a baby, and most of them have from one to six little children clinging to their skirts; for in cases where the mother cannot leave any one in care of her flock, all are taken together, and God knows they need it.

Before entering the boat, every child is examined by the attending physician, to see that no contagious diseases are carried on board. It is very quickly done, but none are missed. Once on board, the very sickest ones are passed on by the head nurse to the wards on either side the deck, while those needing simply good air are directed to the upper deck. The upper deck is one huge veranda open on all sides. The wind blows freely over the floor swarming with women and children. All day long the doctors and nurses are busy caring for the babies or teaching the mothers, for our work is educational. The feeding begins about 10 a. m. In the deck below neat tables are spread to accommodate three or four hundred. This is frequently filled four times during the trip. Meantime the bath room has been the scene of much happy excitement. The girls are bathed first. The nurse goes from one to another with ready word of commendation or help. The bath in many cases works such a transformation in the children that one would hardly know them, were it not for the grotesque costuming into which they step, for here and there you recognize a child by the clothes you

remember. Indeed the change at the close of the day's trip is marvellous. Most of the fretful peevishness is gone. The pain and exhaustion have yielded without a drug to the fresh air and proper food. At about noon we rest at anchor about a mile from the Seaside Hospital. Boats are lowered, and the little ones are handed down by the men as tenderly as if each owned the babies, and carried on shore. The Hospital is surrounded on two sides by the ocean, and has a back ground of pure country. Here we have doctors and trained nurses, and everything needed for sick children. Here without a cent the mother may keep her ailing child or children as long as they need the care, and best of all they are taught the laws of health, and sent home better able to care for themselves and their little ones."

The Shut-in Society (incorporated), is composed of invalid and associate members. These members rarely meet, but communicate by letters and through the *Open Window*, a magazine published monthly by the society. Alms giving is not permitted, but the work done by invalid members may be purchased by associates when desired. Books, papers, magazines and materials for work are always thankfully received by the Helping Hand Committee, and distributed to those who apply for reading matter or other articles. The editor of the REVIEW will gladly furnish any information which may further the interests of this work of charity.

Epitaph on a woman of the present day, probably a citizen of Rochester:

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Here lies a poor woman who always was busy;
She lived under pressure that rendered her dizzy.
She belonged to ten clubs and read Browning by sight,
Showed at luncheons and teas, and would vote if she might;
She served on a school board with courage and zeal;
She golfed and she kodaked, and rode on a wheel;
She read Tolstoi and Ibsen; knew microbes by name;
Approved of Delsarte; was a "Daughter" and "Dame";
Her children went in for the top education;
Her husband went seaward for nervous prostration,
One day on her tablets she found an hour free;
The shock was too great, and she died instantly.
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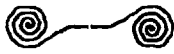
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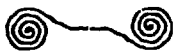
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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

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February 2, 1891.

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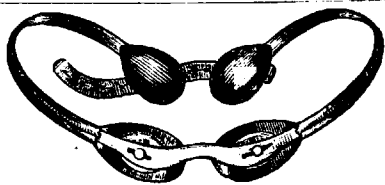
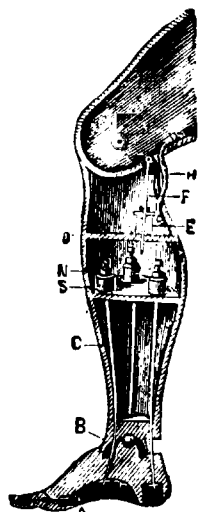
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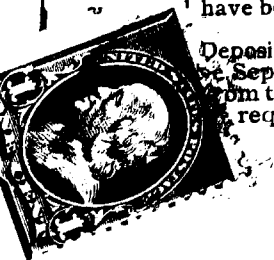
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XVI. Interest not exceeding four per cent. per annum will be allowed on all sums which may be on deposit on the first days of March, June, September and December, for each of the three preceding months during which such sums have been on deposit.

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THE HOSPITAL REVIEW



DEVOTED TO THE
INTERESTS OF THE SICK AND SUFFERING
AT THE

ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 656

VOL. XXXII.

ROCHESTER, N. Y., AUGUST 15, 1896.

No. 12

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H. Angel, Mrs. E. S. Martin, Mrs. F. P. Allen, Mrs. Allan J. Cuming, Mrs. Henry L. Smith, Mrs. Rudolf Hofheinz, Mrs. H. B. Willis.

Physicians of the Hospital Staff.

Consulting—C. E. Rider, E. V. Stoddard.

Medical—W. S. Ely, C. A. Dewey, E. W. Mulligan.

Surgical—D. Little, J. W. Whitbeck, J. J. Kempe, H. T. Williams.

Ophthalmologist—W. Rider.

Orthopedist—L. A. Weigel.

Dermatologist—J. L. Roseboom.

Neurologist—E. B. Angell.

JUNIOR STAFF.

Assistants in the House—S. W. Little, H. S. Durand, C. D. Young, D. G. Hastings.

Assistants in the Out-patient Department—F. A. Maedeville, L. W. Rose, A. W. Henckell, R. L. Carson, C. A. Huber, N. W. Soble, R. G. Cook, W. D. Becker, J. W. McCauley, J. A. Stapleton, H. B. Carpenter.

Hospital Notes.

The past month has been a busy one at the Hospital. In one day six operations were performed, some of them lasting far into the night, keeping staff and nurses steadily employed for many hours.

An unusual supply of flowers has been sent to the hospital this month, public and private wards having been remembered by loving friends, whose kindly gifts are appreciated by all who share them.

The new dispensary is almost ready for use, and will be occupied as soon as the change can be made.

Attention is called to the Training School report which shows the encouraging result of returning to the system of paying the nurses. The list of probationers increases daily.

The beautiful screen made for the Children's Pavilion by the Girls' Mission Band of the First Presbyterian church, gives great pleasure to the little ones.

The ambulance made fourteen trips during the twenty-four hours ending July 23d.

The gift of a quantity of beautiful sweet peas brought to the Out-Patient Department by some little children, is thankfully acknowledged.

The name of Master Ely Milburn is never absent from the list of contributors to the hospital. Not a month passes without some token of remembrance from this generous young friend, to whom thanks and acknowledgments are gratefully rendered.

A Hospital paper published in England makes mention of the fact that the City Hospital, of Rochester, N. Y., is to have a house built for its nurses.

It would be interesting to know when this important work is to be undertaken. "All things come to those who wait," and without doubt the nurses' house will be built, but contributions must come in more rapidly than they have done up to the present time, if it is ever to be an accomplished fact.

Any one privileged to make a tour of inspection with one of the managers, cannot fail to note the perfect order and scrupulous neatness maintained in every portion of the Hospital. The boiler room, laundry and drying room, (where a thousand sheets were washed last week), are interesting places to visit, and the housekeeper's store closet is a thing of beauty, with its attractive and appetizing array of jellies, preserves, and canned fruits, all put up by her own hands. It is a curious fact that very little fruit has been given to the Hospital this summer, which is the more remarkable, as all fruits are so unusually early and abundant this season.

Take Notice.

Will persons calling for the ambulance over the telephone please be particular to give directions as to the street and number where it is to be sent, or else station some one outside of the house to notify the driver as he approaches. The vague and uncertain manner in which such directions are given causes the loss of many precious moments when the case is urgent. One call was received last week as follows: "Send the ambulance for the woman who lives in the little house back of so and so's brewery"—and before a question could be asked, the sender of the message had left the telephone. Then a search had to be made for the street, and when that was found the house was discovered only by diligent questioning—as there was nothing to indicate the immediate need of an ambulance in its neighborhood. Sometimes it is still more dubious: "Send the ambulance to Smith's," or "call at Thompson's." This necessitates looking through the directory, and the waste of much time which might be saved by a little care and forethought. The ambulance call is 656.

The Mary Bed.

The list of annual subscriptions paid in May, and which generally is published in the June REVIEW was mislaid, and owing to the absence of the treasurer the report has been delayed till the present time. It was as follows:

Mary Du Puy Baker.....	\$1 00
Mary Cox Morris, in mem.....	1 00
Mary Aicken Gibson, }.....	10
Mary Haslett, } in mem.....	10
Mary Gibson Haslett }.....	10
Mary Lawrence Redmund, in mem.....	5 00
Mary Howard Wright.....	5 00
Mary A. Brackett, } in mem }.....	1 00
Mary L. Bates, }.....	1 00
Mary Eliot.....	2 00
Mary E. Cornell.....	1 00
Mary Whitney Montgomery.....	1 00
Mrs. W. Gilman Thompson.....	5 00
Mrs. Carter P. Pomeroy.....	1 00
Mary A. Selden, } in mem }.....	2 00
Mary A. Selden, }.....	3 00
Mary B., in memoriam, May 1889.....	1 00
Mary May.....	1 00
Mary May.....	1 00
Mrs. John M. Pomeroy.....	1 00
Mary H. Lamb.....	1 00
Total	\$34 30
Deposited May, 1896.	

Mrs. Perkins has kindly offered to receive all subscriptions for the Mary Bed during the absence of the treasurer.

Hospital Report.

JULY, 1896.

Number of patients in Hospital July 1, 1896.....	87
Births.....	1
Admitted during July.....	98
	186
Number discharged during July.....	104
Deaths.....	11
Number in Hospital Aug. 1, 1896.....	71
	186
Lowest number during July.....	72
Highest number during July.....	87
Average daily number during July.....	78

DIED AT THE ROCHESTER CITY HOSPITAL.

July 1—Frederick Sidney Young.....	Aged 6	years
" 2—Mrs. Charles Parr.....	" 26	"
" 8—Mrs. William Bown.....	" 31	"
" 9—Mrs. James L. Rock.....	" 35	"
" 12—Mrs. John Klehammer.....	" 29	"
" 13—Charles R. Parkinson.....	" 57	"
" 15—James Pannon.....	" 14	"
" 21—Josiah C. Miller.....	" 77	"
" 22—Dr. Frank Palmeria.....	" 52	"
" 25—George Yeunt.....	" 63	"
" 26—Alexander Blumenstein.....	" 55	"

Treasurer's Report.

ENDOWMENT FUND FOR CRIPPLED CHILDREN.

Received by Dr. Weigel.....	\$ 5.00
(From a patient to pay for a hip splint purchased from this fund.)	
Previously acknowledged.....	2,617.92

August 1st, 1896.....	\$2,622.92
MRS. W. H. PERKINS, <i>Treasurer.</i>	
MRS. H. G. DANFORTH, <i>Asst. Treasurer.</i>	

Report of Surgical Pavilion.

JULY, 1896.

BY ARTHUR W. THOMAS, M. D., House Surgeon.

Number of operations.....	37
" " patients.....	32
" " operators.....	18
" " operations.....	15

Training School Report, July, '96.

Applications for circulars.....	51
Applicants for admission.....	26
Candidates received on probation.....	10
Probationers accepted.....	2
Probationers not accepted.....	4
Visits made by district nurse.....	64

Ambulance Report.

Total number of runs during July.....	63
Transferred to Rochester City Hospital.....	42
" St. Mary's Hospital.....	1
" County Hospital.....	4
" Homes.....	12
Not treated.....	4
	—63

Contributions for July, 1896.

Mrs. Albert Mock—Two hassocks, one vase, one pillow case.

Dr. Henckell—One examining table for Out-Patient department.

Mrs. Poole—Box of flowers.

Mrs. Arthur Robinson—Two men's shirts, one collar, one jacket.

Friend—Old linen, fourteen men's shirts, one basket.

Dr. Henckell—Illustrated papers.

Mrs. George Ellwanger—Bunch of roses.

Mrs. Frank Bottom—Bunch of flowers.

Garden of G. C. Buell—Basket of flowers.

Unitarian Sunday-School—Sweet peas for male ward.

Girls' Mission Band, First Presbyterian Church—Picture screen for Children's Pavilion.

Ely Milburn—Box of flowers.

Mrs. Poole—Basket of flowers.

Irene and Jay Bush—Papers.

S. A. Hosmer—Three bushels of apples, three baskets lettuce.

Mrs. Poole—Box of flowers, package of old clothing.

Mr. Buell's garden—Basket of flowers.

Miss Kempe—Scrap-books, vase, for Children's Pavilion.

The Floral Branch of the Good-will Circle Class 20, Central Church—Box of flowers, basket of flowers.

Fay Kendall—Five bunches of flowers.

Mrs. David Rosenberg—Flowers.

First Twig—Five night shirts, three bandages, one L. A. supporter, two surgical night dresses, twelve towels.

Fourth Twig—Nine flannel baby slips, seven cotton slips.

Receipts for the Review.

JULY, 1896.

Mrs. Wm. Alling, 65c; Mr. H. F. Atkinson, 65c; Mrs. Henry L. Brewster, 65c; Mrs. L. S. Chapin, 65c; Mrs. D. Deavenport, 65c; Mrs. A. Erickson, 65c; Mrs. B. F. Enos, 65c; Mrs. Geo. Ellwanger, 65c; Mrs. Geo. H. Ellwanger, 65c; Dr. F. French, 65c; Mrs. J. M. Davy, 65c; Mrs. A. De Vos, 65c; Mrs. G. D. Hale, 65c; Miss Emily Hanford, 55c; Dr. J. J. Kempe, \$1.00; Mrs. T. G. Moulson, 65c; Mrs. Gilman H. Perkins, 65c; Mrs. I. F. Quimby, 65c; Mrs. W. N. Sage, 65c; Mrs. T. H. Turpin, 65c; Mrs. J. D. Whipple, 65c; Mrs. Sam. Wilder, 65c; Mrs. N. Sage, 65c; Mrs. John Siddons, 65c; Dr. F. A. Jones, \$1.30. By Miss Messenger.....\$17.25

Mrs. W. H. Bennelson, \$1.15; Powers Hotel Drug Store adv., \$5; George C. Buell & Co., adv., \$5; Roch. Savings Bank, adv., \$15; Miss Rebecca Long, 65c; Miss Sarah M. Hall, Palmyra, 50c. By Treasurer....\$27.30

LYDIA RUMSEY, Treasurer.

Children in Hospitals.

(MISS L. W. QUINTARD, NEW HAVEN.)

The helpful influence of the hospitals is so evident that it seems hardly worth discussing. We who stand so close to the hospital see the evidence of its great power, especially in the children's wards. The children that we receive are usually those that come from vile surroundings, but it is wonderful how quickly they respond to kind words and treatment. No one knows but those who are with the little ones the effect of teaching upon their minds, sick and stunted as they are. I have seen this in our own hospital, and have seen the practical results of wise instruction. For the past three years a young lady in New Haven, a trained kindergarten teacher, has come to us daily for two hours. She has given to each little patient what he could assimilate. Sometimes it is merely a story, cleverly told, bringing the child in contact with things he has never heard of before. The ignorance of the children is dense. They know absolutely nothing beyond their own slums. The story told them takes them into foreign lands, and it does much for them in this way. Then they make scrap-books for the children who come to the New Haven hospital. That teaches the children to be generous. It takes their minds from their broken limbs, and the tedious convalescence is made attractive by this object teaching. But in order to do this sort of work a woman must be trained for it. The nurses have not the time; they must take care of the sick bodies. While by example we may teach them unselfishness, gentleness, and cleanliness, an outside person coming in is like a fresh breeze to these little children. Though the young lady I refer to has been coming so long, she is never old to them; they never grow weary of her, but they greet her just as they did three years ago. I

think this could be done in all our hospitals. We have children in the hospital for months at a time, orthopaedic cases that have to stay, needing constant surgical nursing; but their minds lie fallow while we care for their bodies. I ask that more attention be paid to this department. It is hardly nursing, but it is closely allied to it; it is nursing the mind while the body is coming back to health.

The Land of "Pretty Soon."

I know a land where the streets are paved
With the things we meant to achieve;
It is walled with the money we meant to have
saved,

And the pleasures for which we grieve;
The kind words unspoken, the promises broken,
And many a coveted boon,
Are stowed away there in that land somewhere—
The land of "Pretty Soon."

—ELLA WHEELER WILCOX.

Directory of the Magne Jewell Memorial Out-Patient Department, Rochester City Hospital.

The Magne Jewell Memorial Out-Patient Department is divided into nine sections, whose names, with the days and hours for consultation, follow:

Diseases of the Eye and Ear—Monday, Wednesday, Saturday; 11 to 12.

Diseases of the Nervous System—Monday, Thursday; 4 to 5.

General Medicine—Monday, Wednesday, Friday; 2 to 3.

Diseases of the Skin and Genito-Urinary System—Tuesday, Friday; 4 to 5.

Orthopaedic Surgery—Monday, Thursday; 4 to 5.

Diseases of the Throat and Nose—Monday, Wednesday, Friday; 4 to 5.

General Surgery—Monday, Wednesday, Saturday; 11 to 12.

Diseases of Women—Tuesday, Wednesday, Friday, Saturday; 10 to 11.

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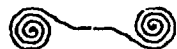
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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

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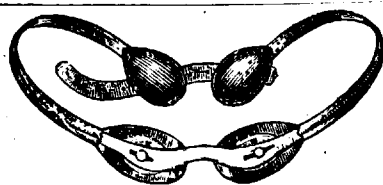
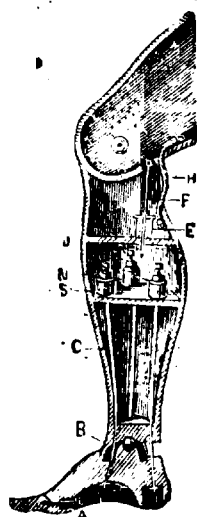
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XVI. Interest not exceeding four per cent. per annum will be allowed on all sums which may be on deposit on the first days of March, June, September and December, for each of the three preceding months during which such sum shall have been on deposit.

XVII. Deposits made on or before the third days of March, June, September and December, shall be entitled to interest from the first days of such months respectively, if left for the required time.

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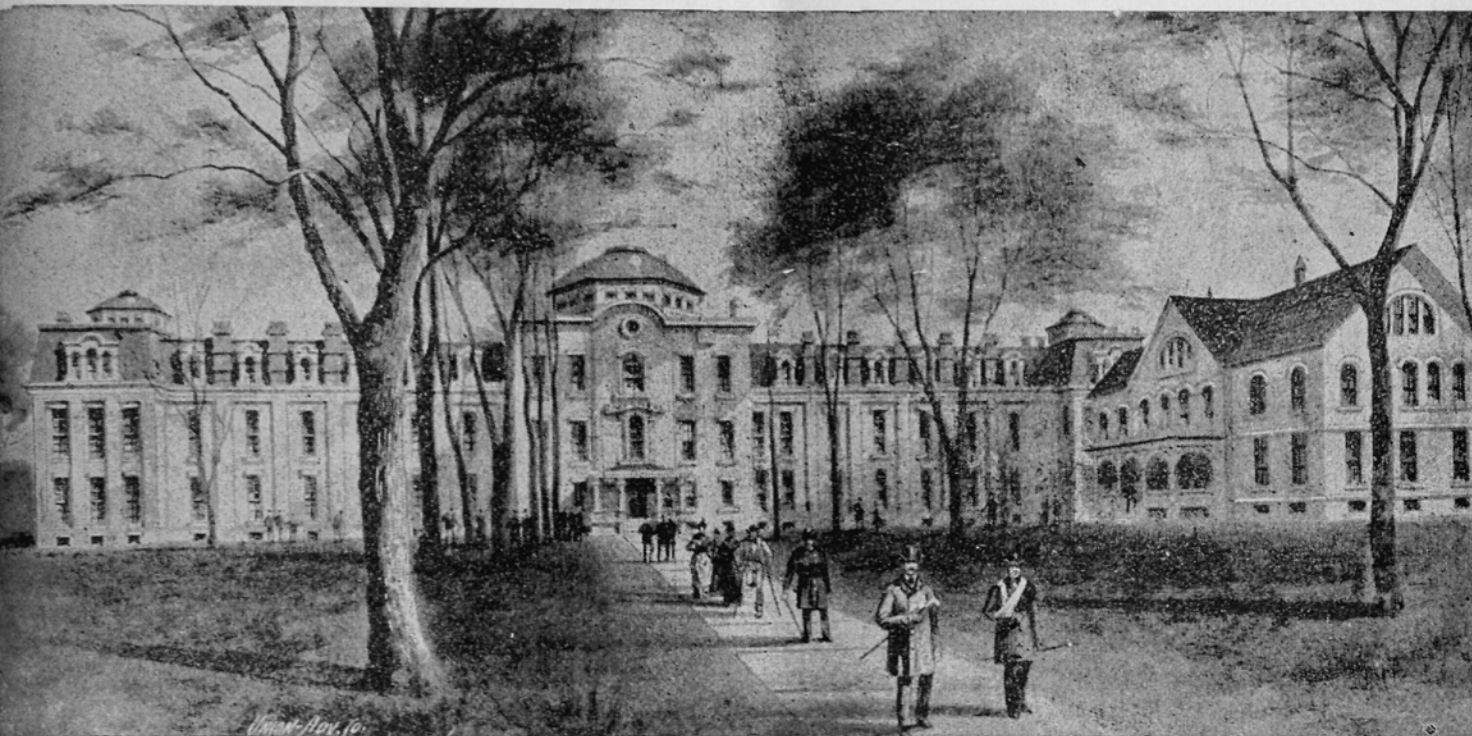
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THE HOSPITAL REVIEW.



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ROCHESTER CITY HOSPITAL.

TELEPHONE 656.

"I WAS SICK AND YE VISITED ME."

AMBULANCE CALL 656

VOL. XXXII.

ROCHESTER, N. Y., SEPTEMBER 15, 1896.

No. 13

Hospital Notes.

In the three months ending August 31, the Out-Patient Department cared for 541 patients, who made 1,093 visits to the hospital and received 1,004 prescriptions and treatments.

The managers are hoping that some one of the many friends of the Hospital will feel called upon to provide the necessary apparatus for the X-ray experiments. Such an equipment is becoming a necessity for the work in a modern operating room.

An invalid chair has been received from Mrs. Harriet Cornell, of Vick Park, which is gratefully acknowledged.

The changes in the medical and surgical wards are now completed and the patients have been transferred to their new quarters, which are pleasant and comfortable and well adapted to their needs. The new porch will be an additional attraction and a source of pleasure to those who are unable to go into the grounds.

The work of the ambulance has increased so rapidly that an effort is being made to provide a second horse peculiarly adapted to this service. Until this can be done Mr. R. A. Sibley has kindly placed at the disposal of the Hospital a horse from his stables.

Attention is called to the new Directory of the Magne-Jewell Out-Patient Department, which will be found on another page.

Association of Trained Nurses.

Miss Palmer, Superintendent of the Hospital, was one of a committee of twenty-four graduate nurses appointed to frame the constitution and take the initiatory steps toward organizing a society to be known as the "Nurses Associated Alumnae of the United States and Canada."

The committee met at the Manhattan Beach Hotel, S. I., September 2d, 3d and 4th, fifteen of the twenty-four delegates being present. The proceedings of the convention will be published in the REVIEW of a later date.

Lectures to the Training School.

The following is the revised list of subjects for the year 1896-7:

JUNIOR CLASS LECTURES.

1896.

- Sept. 1, 8—Four Lectures. By DR. ROSE.
 15, 22—Anatomy. The cell. Formation of living tissue. The Skeleton. Growth and repair of bones. Muscles. Their use, origin and insertion. The soft tissues. Blood.
 29—Three Lectures. By DR. YOUNG.
 Oct. 6, 13—Bacteriology. Outlines of theory. Disease-producing germs, and conditions favorable to their development. Germs necessary for health. Nature's protection. Disinfection.
 20, 27—Six Lectures. By DR. ELY.
 Nov. 3, 10, 17, 24—Dust. Its dangers. Importance of absolute cleanliness in hospital wards. Ventilation. Water. Keeping of bedside records. What to observe and how to record. Importance of accuracy and promptness in all schemes of treatment. Bedsores. Cause, prevention, treatment. Baths. Enemata. Douches. Use of catheter. Fomentations. Weights, measures and administration of medicine. Signs of death. Care of the dead. Autopsies.
 Dec. 1, 8—Two Lectures. By DR. HASTINGS.
 Organs of respiration. Pulse, temperature and respiration. Heat, how produced and equalized. Chill.
 15, 22—Two Lectures. By DR. DURAND.
 Anatomy and functions of organs of digestion. Physiology of food. Food preservation. Feeding of helpless patients.

1897.

- Jan. 5, 12—Two Lectures. By DR. KEMPE.
 Organs of elimination. Skin, lungs, bowels, kidneys. Urinalysis.
 19, 26—Four Lectures. By DR. S.W. LITTLE.
 Feb. 2, 9—Surgery. Asepsis, antiseptis. Operating room, instruments, ligatures. Preparation of patient for operation. Cleansing of hands. Nurse's place in surgical technique. After-care of patient. Dressings. Surgical emergencies. Traumatic fever. Delirium.
 Feb. 16, 23—Two Lectures. By DR. MULLIGAN.
 Anaesthetics. Ether, chloroform, cocaine. How to administer. Amount to give. Depressing influences, with remedies. Ether, its inflammability. Chloroform, its irritability. Protection of eyes, lips, etc. Position of tongue.
 March 2, 9—Two Lectures. By DR. HUBER.
 Typhoid fever. Typhoid hemorrhage. Special nursing. Bath treatment.
 16, 23—Two Lectures. By DR. COOK.
 Nervous system.
 30—One Lecture. By DR. YOUNG.
 Work of the district nurse. Homes of the poor. Service of the Out-Patient department.
 April 6, 13, 20, 27—Four lessons in bandaging.
 By DR. DURAND.
 May 4, 11, 18, 25—Four Lectures.
 By DR. D. LITTLE.

SENIOR CLASS LECTURES.

1896.

- Sept. 4, 11, 18, 25—Four Lectures.
 By DR. SOBLE.
 Diseases of organs of the thoracic cavity, acute and chronic. Pneumonia, pleurisy, phthisis, bronchitis, etc. Various forms of heart disease. Medical hemorrhage. Medical emergencies.
 Oct. 2, 9, 16—Three Lectures.
 By DR. HENCKELL.
 Wounds and their methods of healing. Slough, inflammation, gangrene, erysipelas, septicaemia pyaemia, burns, scalds, frost-bites, bites of animals. Fractures, dislocations, sprains. Surgical hemorrhage.
 23, 30—Two Lectures. By DR. WILLIAMS.
 "Gynecology."
 Nov. 6, 13, 20—Three Lectures. By DR. HOWARD.
 Diseases of the brain. Various forms of insanity, with special nursing.
 27—Three Lectures. By DR. RIDER.
 Dec. 4, 11—Eye and ear.

Dec. 18, 24—Two Lectures. By DR. BECKER.
Poisons.

1897.

Jan. 8, 15—Two Lectures. By DR. ROSEBOOM.
Care of the hair and skin. Parasitic diseases.

22, 29—Four Lectures. By DR. WEIGEL.

Feb. 5, 12—Management of orthopedic cases.
Plaster bandages. Apparatus.
Electricity.

19, 26—Two Lectures.

By DR. MANDEVILLE.

Diseases of the throat and nose.
Tracheotomy. Intubation.

Mar. 5, 12, 19, 26—Four Lectures.

By DR. ANGELL.

Nervous diseases. The rest cure.
Food. Quiet. Moral influences.
Special qualifications of the nurse.
Massage.

April 2, 19—Two Lectures. By DR. WHITBECK.

Surgical affections of abdominal organs. Treatment. Operations.
Transfusion of blood. Normal salt solution, its uses.

16, 23, 30—Three Lectures. By DR. STODDARD.

Materia medica. Venereal diseases.

May 7, 14, 21, 28—Six Lectures. By DR. DEWEY.

June 4, 11—Obstetrics. Care of infants. Diseases of childhood. The exanthemata. Duties of nurse to family. •

Hospital Report.

AUGUST, 1896.

Number of patients in Hospital August 1, 1896.....	71
Births during August.....	4
Number admitted during August.....	75
	150
Number discharged during August.....	75
Deaths during August.....	9
Number remaining in Hospital Sept. 1.....	66
	150
Lowest number during August.....	66
Highest number during August.....	80
Average daily number.....	73

DIED AT THE ROCHESTER CITY HOSPITAL.

August 3—Joseph Copeland.....	Aged 2½ years
" 6—Mrs. Peter R. Durling.....	" 54 "
" 6—Mrs. Ellen Nixon.....	" 56 "
" 8—Gustave Selke.....	" 38 "
" 13—Luke K. Gavin.....	" 26 "
" 18—Clarence M. Stober ..	" 20 "
" 19—John H. Holliday.....	" 64 "
" 19—Mrs. George Baker...	" 52 "
" 20—Julia Dokey.....	" 21 "

Report of Surgical Pavilion.

AUGUST, 1896.

By ARTHUR W. THOMAS, M. D., House Surgeon.

Number of operations.....	27
" " patients.....	23
" " operators.....	15
" " minor operations.....	?

Training School Report.

AUGUST, 1896.

Applications for circulars.....	40
Applicants for admission.....	21
Candidates received on probation.....	6
Probationers accepted.....	5
Probationers not accepted.....	4
Visits made by district nurse.....	33

Ambulance Report.

By R. L. STODDARD, Ambulance Surgeon.

Total number of runs during August.....	46
Transferred to Rochester City Hospital.....	26
" Homoeopathic Hospital.....	1
" County Hospital.....	3
" Homes.....	8
Not treated.....	8
Ordinary Calls.....	—19
Hurry calls.....	27

Treasurer's Report.

ENDOWMENT FUND FOR CRIPPLED CHILDREN.

Acknowledged to date..... \$2,622.92

MRS. W. H. PERKINS, *Treasurer.*

MRS. H. G. DANFORTH, *Asst. Treasurer.*

Contributions for August, 1896.

Louis Reed—Box of flowers.

Unitarian Sunday School—Box of flowers for female ward.

S. A. Hosmer—Two bushels of apples.

Mrs. Alden—Bundle old cloth.

Mr. G. C. Buell's garden—Basket of flowers.

Ely Milburn—Box of flowers.

Mrs. W. H. Milburn—Old clothing.

G. C. Buell's garden—Basket of flowers.

Unitarian Sunday School—Flowers for the wards.

Miss Ambia Harris—Flowers.

Miss Griffith—Basket of flowers.

Mrs. Coville, of Chili, N. Y.—Two baskets of apples.

Mr. G. C. Buell's garden—Basket of flowers.

St. Luk's Church—Flowers.

Mrs. G. C. Buell—Basket of flowers.

Mrs. F. M. Bottum—Old linen, child's chair.

Mrs. G. C. Buell—Basket of flowers.

Mrs. Charles H. Wiltsie—Crockery.

S. A. Hosmer—Two bushels of apples, 1 bushel corn.

Charles Caudle—Two baskets of apples.

Mrs. Charles F. Lomb—Eleven copies American Youth, colored pictures for Children's Pavilion.

Erastus Darrow—Reading matter.

Mrs. George C. Buell—Basket of flowers.

Ely Milburn—Box of flowers for Children's Pavilion.

Mrs. J. H. Poole—Old linen and wearing apparel.

S. A. Hosmer—Two crates corn.

Parent Stem—One surgical night dress.

First Twig—Two towels.

Directory of the Magne Jewell Memorial Out-Patient Department, Rochester City Hospital.

The Magne Jewell Memorial Out-Patient Department is divided into eight sections, whose names, with the days and hours for consultation, follow :

Diseases of the Eye and Ear—Dr. Rider and Dr. Carson. Monday, Wednesday, Friday ; 11 to 12.

General Medicine—Dr. Huber and Dr. Soble. Tuesday, Thursday, Saturday ; 11 to 12.

Diseases of the Nervous System—Dr. Cook. Monday, Thursday ; 4 to 5.

Diseases of the Skin and Genito-Urinary System—Dr. Roseboom. Tuesday, Friday ; 4 to 5.

Orthopaedic Surgery—Dr. Weigel. Monday, Thursday ; 4 to 5.

Diseases of the Throat and Nose—Dr. Mandeville. Monday, Wednesday, Friday ; 4 to 5.

General Surgery—Dr. Henckell. Monday, Wednesday, Friday ; 11 to 12.

Diseases of Women—Dr. Rose and Dr. Becker. Tuesday, Wednesday, Friday, Saturday ; 10 to 11.

TABULAR VIEW.

	MONDAY.	TUESDAY.	WEDNESDAY.	THURSDAY.	FRIDAY.	SATURDAY.
10 to 11.		Dr. Becker.	Dr. Rose.		Dr. Becker.	Dr. Rose.
11 to 12.	Drs. Rider and Carson.	Drs. Huber and Soble.	Drs. Rider and Carson.	Drs. Huber and Soble.	Drs. Rider and Carson.	Drs. Huber and Soble.
11 to 12.	Dr. Henckell.		Dr. Henckell.		Dr. Henckell.	
4 to 5.	Dr. Cook, Dr. Weigel, Dr. Mandeville.	Dr. Roseboom,	Dr. Mandeville.	Dr. Cook, Dr. Weigel.	Dr. Roseboom, Dr. Mandeville.	

In addition to the above an evening clinic is soon to be established, under the care of Drs. McCauley, Stapleton and Carpenter, for the benefit of the medical and surgical patients who cannot attend in the day time.

A Model Republic.

Written for the Review, by Mrs. Myron Adams.

PART I.

On the branch of the Lehigh Valley Railroad, which runs from Auburn to Owego, is the little village of Freeville. This little settlement will have a name in history as the place where the first "Junior Republic" of the United States was founded.

Seven years ago, Mr. William George, of New York City, came to Freeville with about fifty "Fresh Air children. At that time the boys were scattered about in the families of farmers, who were kind enough to take them in. They were not "picked" boys, unless they were picked for their vices rather than their virtues. They were taken from the worst tenement house districts. They were essentially a "bad lot," and Mr. George at the end of the second or third year was quite discouraged. He found the problem a bigger one than he could handle. The boys only came for two weeks, and that was for too short

a time in which to get any influence for good over them, or to change in the smallest degree their characters. He set his mind and heart at work upon the problem, and the result is the George Junior Republic. It has been a growth, an evolution, each step of which is most interesting.

Four years ago, Mr. George started out in a very crude way to put his new plan into execution. He had made up his mind that the boys must come for the whole summer, and that they must be all together in one place. He saw that the way to govern them was to teach them to govern themselves, and he founded a Republic. The population of the Republic is 186. Its government is modeled upon the laws which govern the United States. The boys and girls (there are girls there now) are citizens. They have a legislature and senate, elected by themselves, and every question, small or great, is settled by these bodies. Mr. George is a citizen on the same footing as the others, and is subject to the same laws. He has no more power than any other citizen, except that he sometimes acts as adviser

The ages range from twelve to twenty, and at the age of twelve they are citizens and voters.

On September 1st, a bright cool day, we visited the Republic. There was a small cottage, bearing the word "Capitol" over the door. Two large buildings, formerly barns, now painted bright yellow, and transformed, one into the Senate House and Assembly Hall, and the other into the "Waldorf Hotel," and two large tents. As we drew up in front of the Capitol, two or three boys, extremely ragged, as to clothes, but very polite and gallant, as to manners, came forward and helped us to alight from our perilous perch. Then one little fellow, touching his cap, asked if we would like to be shown around the camp. We told him, with thanks, that we would like to see Mr. George, and he ushered us into the Capitol, where we seated ourselves, with some fifteen or twenty other visitors. Soon a lady stepped up and said, "Judge Smith is just going to take a party around. Will you join it?" I looked about for "Judge Smith," and could hardly keep from laughing, when I found that that dignitary was a slender, wide awake little chap about fifteen years old, but looking even younger. He is judge of the Criminal Court in the Republic, and knows his business well.

Let me say right here that no one is compelled to work, but in the Junior Republic if a "man will not work, neither shall he eat," nor have clothes to wear, nor a bed to sleep in, and he is paid just what he earns, in the currency of the Republic, and gets its equivalent in food, clothing and lodging. If a boy is industrious and makes a good income, he lives at the Waldorf, at Delmonico's, or Sherry's. If he is lazy he has to live at some cheap "East Side" lodging house.

The "Waldorf," differs from the other hotels in that it has separate rooms, accommodating two persons each. Board at the Waldorf is four dollars a week, and there Mr. Croesus and his ilk live. There, and at Sherry's and Delmonico's also, they have butter on their bread. There is a health board, and each morning the inspector visits the hotels, and if any house is not clean, and in good order, beds made, etc., the hotel keeper loses his or her license.

[To be concluded next month.]

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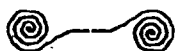
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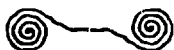
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The quarterly periods begin with the first days of March, June, September and December.

Deposits may be withdrawn on the last three days of a quarterly period without loss of interest; but if withdrawn before the last three days, no interest will be allowed on the amount so withdrawn for that quarter.

Individual accounts are limited to \$3,000, upon which interest may be allowed to accumulate, but no interest will be allowed upon such accumulation.

Deposits made by a corporation and deposits of money arising from judicial sales or trust funds, but not made pursuant to an order of the Court, are limited to \$5,000, upon which interest may be allowed to accumulate as in the case of individual accounts.

Interest will be payable on the 20th days of June and December, and if not drawn, it will be added to the principal as of the first days of those months.

February 2, 1891.

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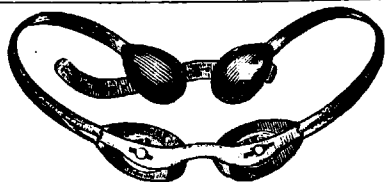
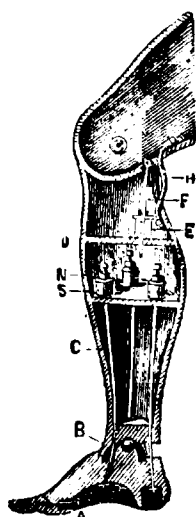
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